



# The Pattenmaker

WEEKLY NEWS FROM AROUND THE LIVERY

Issue 59

Friday 7<sup>th</sup> June 2021

## From the Editor Liveryman Ian Balcombe

I hope that you enjoyed the Bank Holiday and are now making the most of the beautiful weather. This edition has a lot of news from The City – a tribute to a former Lord Mayor and a consultation on biodiversity, as well as an interview with the candidates for the Shrieval Election and pictures of the Livery Kitchen Cookbook. In our own recipe section we have a further very tasting looking dish provided by Past Mistress Eileen Eskenzi.



In Members' News we have the sad news of the passing of Susan Miller.

The Young Pattenmakers have a very exciting and novel event which I hope you will support. The Cultural Calendar has diverse and interesting events.

I have a surprise on the Regent's Canal towpath and also at the side of my house. Our Financial Controller Diana Fieldwick provides further pictures from her garden in Twickenham.

In our History section we learn of the further exploits of an armed and dangerous Past Master with a taste in natty hats.

Following on from the Roundhead quiz provided by Liveryman Steward Raymond Lewis the Clerk provides a Cavalier Quiz, and our Avian column takes up the Cavalier theme by a very innovative route.

The Clerk finds himself tied up this week with the delivery of the new Livery ties. A further link to the order form is provided.

## City of London Corporation

**Court Assistant Deputy Keith Bottomley CC brings us two news items:**

### City of London Corporation pays tribute to Sir Roger Gifford



The City of London Corporation paid tribute to Sir Roger Gifford, Lord Mayor of the City of London in 2012-13, who died at home on 25 May from myeloma.

Sir Roger, who was knighted in 2014 for services to international business, culture and the City, served as Alderman for the Ward of Cordwainer having first been elected in 2004.

He was most recently Chair of the Green Finance Institute and a senior banker at SEB in London. Sir Roger was also previously Chair of the Green Finance Initiative, launched in London in 2016 to focus on growing the contribution of the financial sector to the G20 climate agenda, and chaired the UK Government's Green Finance Taskforce.

Sir Roger was a Trustee of St Paul’s Cathedral Foundation, Chairman of the English Chamber Orchestra charity and the Tenebrae Choir and Co-Founder – with his wife Clare – of the City Music Foundation.

He was also past master of the Worshipful Company of Musicians, Governor of Sedbergh School, Honorary Fellow of Trinity College Oxford and Honorary Consul of the Republic of Lithuania in the county of Dorset.

Lord Mayor of the City of London, William Russell, said:

“I know that many people across the City and beyond will be greatly saddened by the news of Sir Roger’s death. Our thoughts are with his family and friends at this time.

“Sir Roger served the City faithfully for many years. This included showing leadership in ensuring the financial sector plays its part in the fight against climate change.

“The City of London Corporation joins together in sending our sincerest condolences and paying tribute to his life.”

### **Views sought on green blueprint for City’s ‘hidden natural world’**

You are invited to have your say on a five-year blueprint for improving the biodiversity of the City of London.

The City of London Corporation is consulting on its draft Biodiversity Action Plan, aimed at making the Square Mile more attractive to birds, mammals, insects and invertebrates.

The plan includes measures to improve the biodiversity of existing sites such as City gardens and churchyards and to ensure biodiversity is considered in new developments with features such as bird habitats, standing water and pollen-rich plants.

It also outlines plans to work with local nature and residents groups, businesses and schools to improve understanding of the City’s rich natural variety.

The City of London Corporation manages over 200 green spaces in the Square Mile, creating a network of gardens, churchyards, parks, plazas and highway plantings.

There are ten Sites of Importance for Nature Conservation (SINCs) in the City, designated for their importance for wildlife and for people to experience nature. An additional three sites are due to be adopted via the draft City Plan 2036 – which sets out what type of development the City Corporation expects to take place in future.

For a small geographical area, the City benefits from a hidden natural world teeming with life and a very diverse array of open spaces and habitats which need to be nurtured to support wildlife.

I encourage you to take a few minutes to share your views so we can work together to ensure the Square Mile is even more biodiverse in the future.

You can give your views on target species the plan aims to attract to the Square Mile – which include house sparrows, peregrine falcons, bats, wild bees and stag beetles – and the actions which will work to achieve that.

You can also comment on the four themes which underpin the plan –

1. protecting habitats
2. improving green infrastructure
3. promoting greater understanding of biodiversity
4. improving monitoring of the species which call the City home

The plan supports the City Corporation’s Climate Action Strategy, which commits it to achieving net zero carbon status for its own operations by 2027 and for the Square Mile as a whole by 2040 – ten years ahead of Government goals.

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This action plan sets out a blueprint for how we can work with other landowners and stakeholders to make biodiversity a key consideration, both in our existing green spaces and built environment, and in future developments in the Square Mile.

Biodiversity is intrinsically linked with the global climate emergency we face and by protecting and restoring ecosystems, we can help reduce climate change and meet the targets set out in our ambitious Climate Action Strategy.

The consultation runs [until Monday, 7th June](#) and responses will inform the final version of the plan, which be presented to the City Corporation's Open Spaces and City Gardens Committee and Planning and Transportation Committee in July.

You can take part in the consultation online at: [www.cityoflondon.gov.uk/citybap](http://www.cityoflondon.gov.uk/citybap)

The City Corporation protects 11,000 acres of green space in London and south east England – including Epping Forest and Burnham Beeches, investing more than £40m a year.

### **Shrieval Election - From the Fellowship of Clerks**

Now that the nominations have closed and the declared candidates for the Shrieval Election 2021 are known, the Livery Committee Chairman Victoria Russell has taken the opportunity to interview the candidates.

The YouTube link below is that interview conducted with:

Alderman Alison Gowman (Dowgate)



and Alderman Nicholas Lyons (Tower).



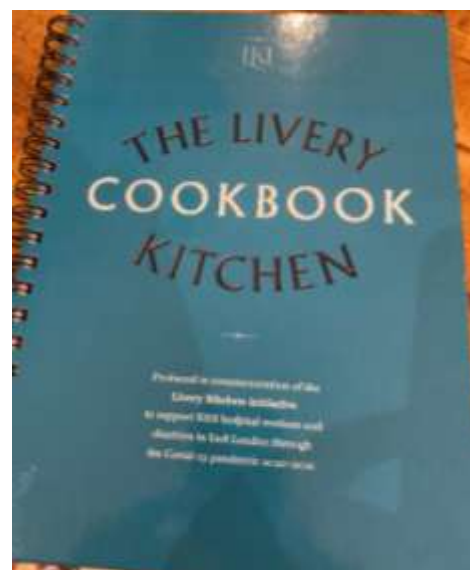
This interview is intended as an opportunity for your Liverymen to get to know the candidates, particularly as attendance at the 24 June Common Hall Election will be restricted due to C19 limitations. Please pass on the link to your Liverymen members.

We are happy to announce that the video of the Shrieval candidates is now live, and you can see it on: [YouTube Shrieval Election](#)

In the description of the video you can see links to the election addresses and general publications on the Livery Committee website.

### **The Livery Kitchen Cookbook – The Master**

The Master provides pictuers of the publication:





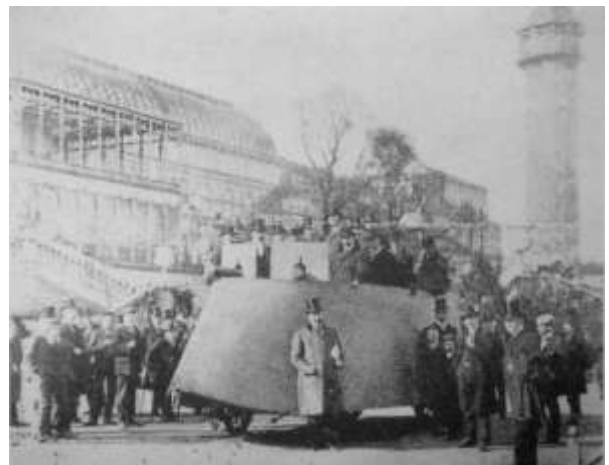
Simms can claim to have invented the first armoured car ever built. Designed and ordered in April 1899, a single prototype was built by Vickers, Sons & Maxim. Delays meant that the Motor War Car was not completed until early 1902 and after the end of the Boer War. Although photographs depict a rather more well armoured and well-armed machine, it still seems that anyone providing top cover (in the case of the first picture PM Simms himself) was still relying on a trusty bowler hat. A later photograph taken at the Crystal Palace suggests that at least some shields were provided for two of the machine guns.

## Our History

### Further News of our Armed and Dangerous Past Master – Court Assistant Steve Huxham

We last visited the life and times of Frederick Richard Simms (Admitted 1896, Master 1925) in Newsletter Issue 44 (“When Past Masters were armed and dangerous”) but he is fast becoming my favourite Past Master from that part of the early 20<sup>th</sup> Century, due to his prolific tendency to seek out new inventions.

Members will recall the 1899 Autocar magazine photograph of PM Simms on his Motor Scout quadricycle, which was armed but not armoured, unless we count a bowler hat as basic protection. Naturally, the inventive mind of Simms did not stop there with that particular concept.



Fully equipped, the vehicle had 6mm thick Vickers armour, a ram at each end, two turrets, and the intended two guns. It was said to be “capable of running on very rough surfaces” and operated by a crew of four. Sadly for Simms, when it was presented at the Crystal Palace, the Army did not even turn up and the War Car was never commissioned.

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Disappointment did not dim Simms enthusiasm for the motor industry however, where he retained the pioneering spirit that had been kindled by his early friendship with Gottlieb Daimler. He is, after all, the man who coined the words "petrol" and "motorcar" in our language! He had previously brought to England from France one of the first petrol-powered cars in this country, and on 14 November 1896, Simms and Daimler took part in The Motor Car Club's "Emancipation Day" procession from London to Brighton, which celebrated the lifting of the speed limit under the Locomotive Act which had required vehicles to travel no faster than 4 mph. This event is still commemorated by the annual London to Brighton Veteran Car Run.

Simms also founded the Automobile Club of Great Britain in 1897, which later became the RAC, and supported the foundation of what became the Royal Aero Club. In 1902 he founded and was elected the first president of the Society of Motor Manufacturers and Traders. In respect of his own business, he had acquired some of the foreign patent rights to the petrol engine and in 1900 he set up the Simms Manufacturing Company Ltd originally in Bermondsey but from 1902 at the Welbeck Works in Kimberley Road, Kilburn. This plant produced Simms-Welbeck cars, lorries and marine engines, fire engines, agricultural vehicles, military vehicles, and guns. He also invented the first rubber bumper for cars and a prototype indicator.



*A Simms-Welbeck motor carriage of 1898.*

In earlier conjunction with Robert Bosch, Simms had invented, developed, and patented the Simms-Bosch ignition magneto, which enabled engine designers to precisely time the ignition of fuel. In World War One the Simms business

became the principal supplier of magnetos to the armed forces, and this continued through the inter war years, with Simms (in conjunction with Leyland Motors) once again fulfilling that function for aircraft and tanks in World War Two, along with the supply of dynamos, starter motors, lights, pumps, nozzles, spark plugs and coils.

Past Master Simms died on 22 April 1944 aged 81, at his home, Storth Oaks, Walden Road, Chislehurst. He is commemorated there by a large white memorial, a copy of Michelangelo's Pieta in St Peter's, Rome, just inside the lychgate of the Annunciation Church. A Simms Motor Units factory in East Finchley, acquired by Lucas CAV in 1968, and closed in 1991 for housing redevelopment now features Simms Gardens as part of the site. His name also survives at the Simmswasserfall or Simmsfall, a waterfall near Holzgau in the Allgäu Alps of the Austrian Tirol, which he discovered on a 1907 trip. Furthermore a blue plaque on a railway arch at Ranelagh Gardens, Fulham, SW6 marks the location of his very first workshop.



The Royal Automobile Club also awards the Simms Medal in recognition of a genuine contribution to motoring innovation by individuals or small companies.



Past Master Simms pictured in January 1903 – rarely without a jaunty hat!

## Pattenmaker Ties



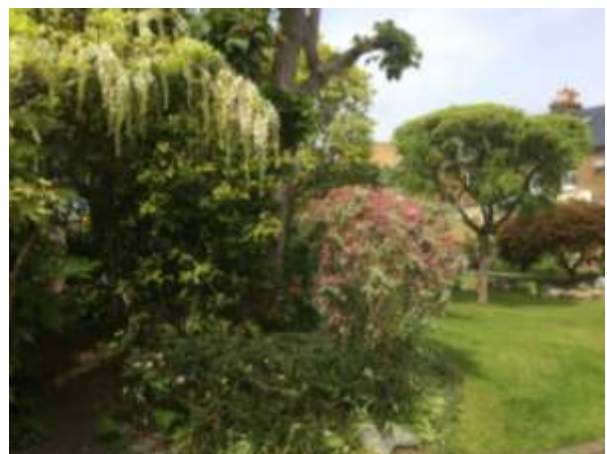
These have now arrived and can be ordered here:  
[Order Form](#)

## Gardening

### Wisterias – Financial Controller Diana Fieldwick



*Wisteria Sinensis*



*Wisteria floribunda Alba and Weigela*

## Members' News

From the Clerk - Please see below an email received from Liveryman David Miller

*Sadly I need to inform you of the untimely passing of our mother Susan after a very short illness. We lost her yesterday morning, a mere two months after we lost my father.*

*She had developed septicaemia which rapidly took hold, she was calm, pain free and beautifully dignified to the end,*

*Please do advise those members of the Livery who knew her, as I know she had had some very kind messages recently about father.*

Needless to say, our thoughts, prayers and condolences are with David and his family

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### Liveryman Ian Balcombe

In the last 25 years I have hardly seen any flowers on this Rose Tree at the side of our house – this year there is an abundance of flowers with a very pleasant bouquet. I am not sure if it is the weather this year or just perseverance.



### Bird Watch

#### Bird of the week this week is the Olive Woodcock – Freeman Richard Parlour



The Clerk has set another challenge, so following on from the Roundhead theme last week is the Cavalier theme this week. The question is, are there any avians associated with Cavaliers? Nothing bird like appears on the coats of arms of Charles I or Charles II. There is a dog with a

connection, the King Charles spaniel, a dog used in retrieving game (and in various social media videos, eating ice cream with pet parrots). One species of gamebird which was likely to have ended up on the dining table of Charles I and his cavalier chums would have been the Woodcock. Cavaliers were also fond of sporting a plume in their felt hats. If you had access and connections, it would have been an ostrich plume, but there are not many ostrich in the Royal Parks, so a Woodcock plume would have run a close second, perhaps in brooch format, often in combination with plumes of other birds to add colour and panache.

Despite being associated with winter in Britain, the Woodcock is part of the country's breeding avifauna. Around 55,241 breeding pairs are thought to be in the UK. Autumn perhaps offers the best chance of seeing this reclusive species as incoming migrant birds make landfall and swell numbers to 1.4 million. Despite this, the Woodcock is on the red list. Many feel numbers are under reported since they are so hard to see. Even the best birders have difficulty seeking them out in daylight. Woodcocks are usually flushed almost from underfoot while walking in deciduous or mixed woodland, but can also be seen performing their display flights, known as "roding", at the start of the breeding season and through the summer.



*Woodcock family*

Though highly secretive, the Woodcock is fairly common, and despite being in the sandpiper family, it probably does the least wading of all the British representatives of this group. Another name for the Woodcock is "Snipe-of-the-Woods". Setting eyes on a mystery is always memorable, perhaps even more so at dusk in the atmospheric transition between day and night. Most of all in the long sunset of early summer. Then, as the light fades and owls begin to call, you can wait for a silhouetted shape to appear. That's when you

can witness the Woodcock's roding flight and listen to its unique grunting and squeaking calls.

Numbers of Woodcock in Britain are boosted by immigrants from the colder parts of northern and eastern Europe which spend the winter here. This almost invisible but vast influx mostly arrives in the first week of November (traditionally said to be on a full moon). The new arrivals explore winter territories, generally in fairly dry, deciduous woodland with damp clear ground nearby for feeding. Wintering birds can be seen arriving along the east coast in autumn, long known as the "Fall of the Woodcock". Every year, these plump looking migrants vanish into the wider countryside. The best views most birders obtain are of odd birds darting away when disturbed. This is not so surprising as the Woodcock is a quarry species in much of Europe and most of our winter visitors come from Scandinavia and Russia. Woodcock can sometimes be seen offshore as they cross the Baltic and North Sea heading for Britain. They are largely nocturnal as well as secretive. They lie low during the day in mostly broadleaved woodland habitat, perfectly camouflaged by their beautifully barred and patterned plumage. Bouncing on short legs, they probe the ground for earthworms and other subterranean invertebrates with their long bills.

A Woodcock's eyes are set high and well back on its head, giving it 360° vision, as well as to protect these large, fragile organs from being damaged by vegetation as it probes the soil. The bird actually has better vision to the rear than to the front. This means that a Woodcock is almost certain to see you before you see it. A photograph of the back of a Woodcock's head will show the eyes clearly, making it look like a bird without a beak! You will most certainly be startled as one unexpectedly flushes from the ground beneath your feet. If you watch the jinking, zig-zag flight, you might see where it lands, then scan for a glimpse of this bird on the ground.,

When you hear a Woodcock for the first time, it sounds like the grunt of a small pig, or the croak of a frog. This sound is followed by high pitched squeaking. If you are lucky, you will see a plump, barrel chested wader with a long bill and a

fluttering, shallow winged flight almost like that of a bat. This flight display is intended to attract females, as resident males patrol their wood at dawn and dusk above the trees, grunting to announce themselves. The roding is best viewed around 20 minutes or so after sunset, and it often coincides with the first, tentative calls of Tawny Owl (the classic twit twoo). The display usually ends 30-45 minutes later, before being repeated again immediately before sunrise. The start of the roding season is heavily influenced by the weather. Roding often starts at the beginning of March, but a cold snap will delay it into April. Despite the prominent display flight, it is difficult to assess the number of Woodcock accurately, as roding males do not hold territory in the conventional sense. Instead, they rode over a relatively wide area in an effort to tempt females to join them, or alternatively, to encourage females on the ground to reveal themselves. The display can continue well into summer on breeding territories. Male Woodcocks are usually polygynous. A dominant male may mate with up to four females during one season.

Woodcock nests are little more than shallow depressions concealed among the undergrowth, sparsely lined with dead leaves, dried grass and maybe a few feathers. Clutches of four eggs are about average. The young hatch after around 22 days, complete with a covering of down, and are immediately mobile. They fledge after a further 15-20 days. Their diet is made up of earthworms and other woodland invertebrates that are captured while the birds probe damp ground with long bills specially evolved for the purpose, or are taken from amongst the leaf litter. Breeding populations of Woodcock have declined in recent years due to habitat loss. Conservation organisations across the country are looking after woodland and heathland habitats for the benefit of a range of species, as well as monitoring populations, clearing scrub and coppicing, raising awareness and protecting nesting birds. Woodcock are relatively widespread in the breeding season and easier to detect. At other times, however, they are so secretive that it's difficult to guess where they are and in what numbers.

The Woodcock is a living contradiction. A wader that has abandoned the water's edge to live in woodland, and evolution has doubly equipped it for survival there. It has astonishing camouflage, a mottling of browns, russets and buffs which can render it invisible on a woodland floor. Keep a keen eye to the edge of dusken forests in spring, to the skies along the coastline in early November for migrant birds, to the forest floor when sauntering through the autumn or winter woodland and, with luck, you will glimpse one of these mystical birds.

### Photo of the Week

#### Liveryman Ian Balcombe

Walking from Regent's Park to Kings Cross along the Canal towpath you can imagine my surprise coming over a bridge and finding Canada Geese and their Goslings feeding



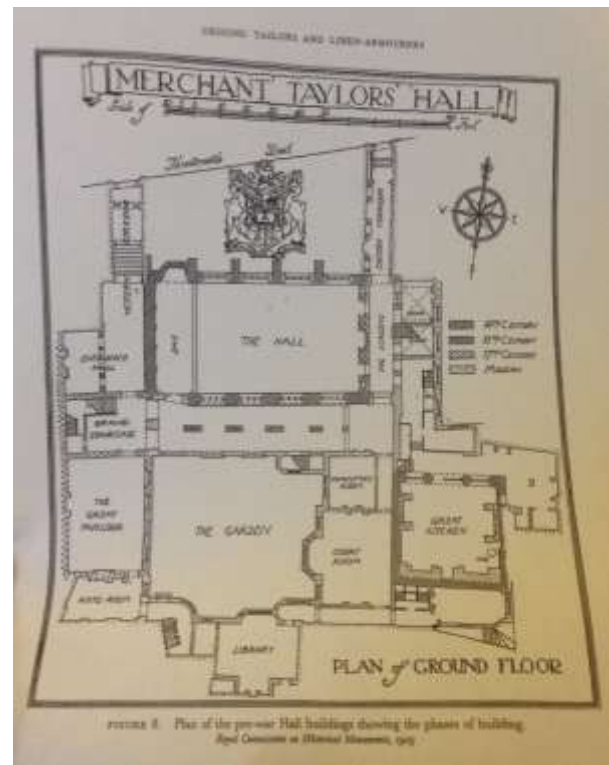
### Events

#### Pattenmakers' Events

A full list of all planned future events appears at the end of the newsletter.

#### Young Pattenmakers - Murder Mystery virtual event; The Mystery of the Stolen Loving Cup' - 10<sup>th</sup> June 7-8pm

The story - 'On the eve of our Summer Dinner at Merchant Taylor's Hall it has been discovered that our Loving Cup has been Stolen!'



A peculiar and pleasing feature of Banquets and Dinners of the Livery Companies is that of the Loving Cup.

This cup is generally of gold, silver, or silver-gilt, and filled with spiced wine.

At the conclusion of the dinner, each guest in turn, applying his napkin to the rim of the Cup would sip the wine before handing it over to his neighbour.

Members of the Young Pattenmakers committee will be playing the key suspects with Freeman

Victoria Leijten being called upon to investigate and identify who stole the Loving Cup?



**Fanny Sylvester** – an Apprentice Detective Hired to solve the Mystery of the Loving Cup

We are calling for help with our investigation to all Young Pattenmakers, you will be able to Q&A the suspects, review the evidence and poll who you think has stolen the Loving Cup and who is innocent.

Please contact [sophia.lee@datore.co](mailto:sophia.lee@datore.co) if you wish to attend

**Would you like a role on the night?**

Let me know happy to have a chat and send a script.

We have had great fun building our characters and look forward to sharing them with you...



**Dr. Dan Teak** - an eccentric antique collector



**Hista Roy** - an aspiring future Lord Mayor



**Holly Fit** – A questionable Retired Athlete

## Cultural Calendar

**Liveryman Zoë Chowney**

**10<sup>th</sup> June – Savitri Puja (Hindu):**



Savitri Puja or Vat Savithri Vrat is an auspicious day in Hinduism when married women observe, fast and pray for their husband's health and longevity.

The fasting is named after Savitri, who brought back her husband from the clutches of Yama (Lord of death).

One of the important rituals of the day is tying threads on a banyan tree.

**12<sup>th</sup> June – Trooping the Colour:**



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Dating back to the time of Charles II in the 17<sup>th</sup> century, the Trooping of the Colour has marked the official birthday of the British Sovereign for over 260 years.

Over 1,400 parading soldiers, 200 horses and 400 musicians come together each June in a great display of military precision, horsemanship and fanfare to mark The Queen's official birthday.

The streets are lined with crowds waving flags as the parade moves from Buckingham Palace and down The Mall to Horse Guard's Parade, alongside Members of the Royal Family on horseback and in carriages.

Once The Queen has arrived at Horse Guard's Parade in Whitehall, she is greeted by a Royal salute and carries out an inspection of the troops, who are fully trained and operational soldiers wearing the ceremonial uniform of red tunics and bearskin hats.

The Queen used to attend on horseback herself, but in recent years has travelled by carriage.

After the military bands have performed, the escorted Regimental Colour, or flag, is processed down the ranks of soldiers. Over one hundred words of command are used by the Officer in Command of the Parade to direct the several hundred soldiers.

Once the Foot Guards have marched past The Queen, she rides back to Buckingham Palace at the head of the soldiers, before taking the salute again at the Palace from a dais.

Her Majesty is then joined by other Members of the Royal Family on the balcony at Buckingham Palace to watch a fly-past by the Royal Air Force. A 41-gun salute is also fired in Green Park to mark the occasion.

#### 14 – 20<sup>th</sup> June – Refugee week:



Refugee Week is a UK-wide festival celebrating the contributions, creativity and resilience of refugees and people seeking sanctuary. Founded in 1998 and held every year around World Refugee Day on the 20 June, Refugee Week is also a growing global movement.

Through a programme of arts, cultural, sports and educational events alongside media and creative campaigns, Refugee Week enables people from different backgrounds to connect beyond labels, as well as encouraging understanding of why people are displaced, and the challenges they face when seeking safety. Refugee Week is a platform for people who have sought safety in the UK to share their experiences, perspectives and creative work on their own terms.

The theme of Refugee Week 2021, 'We Cannot Walk Alone', is an invitation to extend your hand to someone new. Someone who is outside your current circle, has had an experience you haven't, or is fighting for a cause you aren't yet involved in.

#### 16<sup>th</sup> June – Guru Arjan Martyrdom (Sikh):



Guru Arjan Dev is the 5<sup>th</sup> of the ten Sikh Gurus, was the first martyr of the Sikh faith. He had compiled the first official edition of the Sikh scripture called the Adi Granth, which later expanded into the Guru Granth Sahib.

Born in 1563 in Goindval, Tarn Taran district during the reign of the Mughal Empire, Guru Arjan Dev was martyred in Lahore in 1606.

On June 16, 1606, Guru Arjan died after being tortured for five days by the Mughal government led by Emperor Jahangir.

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The Guru laid the foundation of the Golden Temple (Harmandir Sahib) in Amritsar. He also designed the four doors in a Gurdwara, proclaiming that "My faith is for the people of all castes and all creeds from whichever direction they come and to whichever direction they bow." He also declared that all Sikhs should donate a tenth of their earnings to charity.

The greatest contribution he made to the Sikh faith was to compile all of the past Gurus' writings into one book, now the holy scripture: the Guru Granth Sahib. It was this holy book that made him a martyr.

Guru Arjan Dev included the compositions of both Hindu and Muslim saints which he considered consistent with the teachings of Sikhism and the Gurus.

In 1606, the Muslim Emperor Jahangir ordered that he be tortured and sentenced to death after he refused to remove all Islamic and Hindu references from the Holy book.

He was made to sit on a burning hot sheet while boiling hot sand was poured over his burnt body. After enduring five days of unrelenting torture Guru Arjan Dev was taken for a bath in the river. As thousands watched he entered the river never to be seen again.

The way in which he died changed the course of Sikhism forever.

The Sikhs observe the martyrdom of the Sikh Guru Arjan each year on 16<sup>th</sup> June. His martyrdom is remembered as Shaheedi Divas of Guru Arjan.

On this day, people often organise events where they read Sri Guru Granth Sahib and distribute langar. This year due to the outbreak of COVID-19, no big event has been organised.

## Recipe of the Week

### A Florentine Surprise – Past Mistress Pattenmaker Eileen Eskenzi

This recipe is very versatile. I know because I invented it and although initially sounds complicated - it's definitely not! The fillings can be varied according to your "taste of the moment".



I have several grandchildren in their twenties who have become vegetarian and tend to drop in spontaneously for an evening meal - invariably accompanied by 'their partner'!

This dish is just perfect because it can be increased at a whim to whatever you have in your fridge or deep freeze. Just double the quantity and the accommodating ovenproof dish.....and Hey Presto!

The variety available in the 'Readymade fresh pasta' section of super markets is ideal for this dish. Also a 450g packet of fresh spinach shrinks before your very eyes in minutes, but is so healthy!

Experiment with Assorted Fillings:-

1. Stuffed peppers or mushrooms. Stuffing:- Sautéed onions, breadcrumbs or couscous with diced celery, leek, peas, small tin of sweet corn or chick peas, thoroughly drained of juice.....take your pick!

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2. 4 eggs poached literally for 2 minutes well drained.
3. Fillet of plaice or 4 portions of any fish of your preference lightly cooked for a couple of minutes and well drained of all its liquid.

**EQUIPMENT:-** Deep ovenproof dish or baking tin (approx. 28cm x 8cm x 7cm high) well buttered, large enough to hold your recipe ingredients. Saucepan, bowl, hand or electric whisk, spatula, stirring spoon, grater, measuring jug, sieve, baking sheet.  
Oven temp:- 200C Fan/180C/350F/Gas 5 for 30-35 minutes

### **INGREDIENTS:-**

Spinach:- Fresh or frozen sufficient for 4 people (today I used 300g fresh spinach) HALF a 300g Packet of fresh Spinach & Ricotta Tortelloni (OR Ravioli filling of your choice).

4 sprigs of fresh asparagus or a few more if you like.

Soufflé:-

50g/1/2oz/butter

50g/1/2oz/plain flour

275ml/1/2 pint/1 Cup of full cream milk

1 garlic, peeled and crushed

Good Scraping of nutmeg

Pepper and salt according to your taste

1 teaspoon Dijon mustard

125g/4oz grated strong Cheddar or 3/4 Cheddar and 1/4 Roquefort or Gruyere

1 tablespoon finely grated Parmesan

4 eggs separated

Pinch Cream of Tartar added to egg whites

1 Tablespoon finely grated Parmesan for sprinkling over surface of dish

### **METHOD:-**

1. Cook fresh spinach for 3 minutes and squeeze out every drop of liquid. Cook frozen spinach according to instructions and drain very well. Add salt, pepper and nutmeg according to taste. Line a well buttered dish with thin layer of spinach.
2. Cook Tortelloni or Ravioli in boiling water for 2 minutes together with the asparagus, each stem cut into three. Drain in sieve. Arrange Tortelloni/ravioli and asparagus over spinach in a single layer. NB All this

preparation can be done earlier and refrigerated.

3. Soufflé:- In a saucepan melt butter, stir in the flour blending thoroughly. Gradually add the milk stirring continuously until you have a smooth, thick sauce. Add garlic and seasonings. Remove saucepan from heat, stir in the cheese and finally blend in the egg yolks.
4. Whisk the 4 egg whites in a large grease-free bowl until airy and stiff - NOT solid as for meringues!
5. With a large metal spoon or spatula carefully fold in a spoon of the egg white into the cheese sauce. Then add carefully the cheese sauce a large spoonful, one at a time into the meringue mixture until totally blended. Pour the soufflé immediately over your 'dry' spinach filled dish. Run your finger around the edge of the dish (top hat fashion!). Sprinkle over the Parmesan and place your dish in the well heated oven onto your hot metal baking sheet.
6. After 30 minutes 'peep' at the Soufflé. It should be well risen and golden in colour. If not leave for a further 5.....10 minutes maximum.

Serve with crispy Jacket potatoes and a flavoursome mixed salad.



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## Quiz

### Answers to the Huntingdonshire Quiz

Name this Flag:

[The Huntingdonshire Flag](#)



1. What was the name of the Grammar School [Huntingdon Grammar School \(today the Cromwell Museum\)](#)
2. What other famous person attend the Grammar School from about 1642 to 1644? [The celebrated diarist Samuel Pepys](#)
3. Which University College was Cromwell's *Alma Mater* and when was he an undergraduate there? [Sidney Sussex College Cambridge from 1616-1617 \(however he Dropped Out before completing his degree\)](#)
4. Who did Cromwell marry? [Married in 1620 to Elizabeth Cromwell \(née Bourchier; 1598–1665\)](#)
5. What were the Civil War dates he was involved in? [1642 - 1651](#)
6. What was the highest military rank Cromwell held? [Lord General \(from 1650\)](#)
7. As Commander-in-Chief he led armies of the English Parliament against which King? [King Charles I](#)
8. When Cromwell dissolved the House of Commons what title did he take and from what date? [The Lord Protector of the British Isles \(England, Scotland and Ireland\) in 1653](#)
9. When & how did Cromwell die & where was his body entombed? : [He died on 3<sup>rd</sup> September 1658 aged 59. His death was due to complications relating to a form of Malaria and Kidney Stone Disease, plus exhaustion. It was thought that his death was quickened by the death of his daughter a month earlier. He was entombed in Westminster Abbey](#)
10. On what date was Cromwell exhumed, hung, drawn and quartered? Where was he later buried? [On 30th January 1661 then buried at Tyburn, London \(The junction of Tyburn Road, \(now Oxford Street\) and Tyburn Lane \(now Park Lane\) to provide its precise location \(in the reign of Charles II\)](#)

11. Where is his head now buried? [It was buried on 25 March 1960 in a secret location near the Sidney Sussex College Ante-Chapel Cambridge](#)

Finally identify this gentleman, in the following 2 photographs, who does such an outstanding job of promoting Huntingdon and The Oliver Cromwell Museum housed at the old Huntingdon Grammar School in the Town Centre



Answer:

[Councillor Karl Webb Mayor of Huntingdon](#)

Well done everyone who entered!

Please see next page for this week's Quiz.

All contributions are welcome – please send to the Editor Ian Balcombe [ianbalc@gmail.com](mailto:ianbalc@gmail.com)

# The Cavalier Quiz

*In direct response to the Huntingdon quiz based upon the murdering regicide Cromwell here is a Cavalier Quiz to redress the balance . . .*



1. An easy one to start with, who is this?
2. Who was the artist?
3. In October 1642 the first battle of the English Civil War was fought, where?



4. What sort of car is this?
5. Why were Roundheads called Roundheads?



*Author's Collection*

6. This is a English Civil War period Cavalry Pistol – what is the mechanism called?
7. At the end of the first Civil War the King was imprisoned here, he subsequently escaped climbing out of a window. Where was it?



8. What sort of car is this? For our American readers, where are the Cavaliers Basketball team based?



9. What breed of dog are these?

10. Which English King are they named after?



11. This little dog belonged to a famous Royalist General, which one?

12. The dog was reputed to have been the first dog enlisted in the British Army, what was his name?

13. This is an English Civil War Cavalry backsword, the stylised "portraits" gave it a nickname in Victorian times - what is it known as? *Author's Collection*



14. Which Guild Church in the City of London holds a Service every year on the anniversary of the execution of King Charles the First?

Please send an email to [clerk@pattenmakers.co.uk](mailto:clerk@pattenmakers.co.uk) with your answers. The answers will be announced in a subsequent edition of the Newsletter

## Pattenmakers' Company Events Calendar June 2021 – Mar 2022

Pattenmaker Events = Black - Contact: [Graham.Perry@datore.co](mailto:Graham.Perry@datore.co)

Civic Events = Red – Contact: [Clerk@pattenmakers.co.uk](mailto:Clerk@pattenmakers.co.uk)

Young Pattenmaker Events = Blue – Contact: [Sophia.lee@datore.co](mailto:Sophia.lee@datore.co)

DATE	EVENT	LOCATION
10 <sup>th</sup> June 7-8pm	Stolen Mystery	YP Virtual Event
23 <sup>rd</sup> Jun All day	Inter-Livery Shoot	Holland & Holland Grounds
24 <sup>th</sup> Jun	Common Hall	Election of Sheriffs
25 <sup>th</sup> Jun All day	Livery Bike Ride	Northampton (Dr Martens)
29 <sup>th</sup> Jun 7 – 11pm	Summer Dinner	Merchant Taylor's Hall (Limit 100)
30 <sup>th</sup> Jun 3 – 5pm	Afternoon Tea Fundraiser	Fortnum & Mason (limit 60)
8 <sup>th</sup> July 7 – 8pm	North & South Drinks in the City	Live Event
15 <sup>th</sup> July	Trade Outing	Tour of the Royal Parks (Limit 20)
22 <sup>nd</sup> July	Tour of Masons' Hall	Grand Lodge, London. TBC
5 <sup>th</sup> Aug 7-8pm	City of London Sustainability talk	Guild Hall
19 <sup>th</sup> Aug	Champagne Tasting	Venue TBC (Virtual and Live)
16 <sup>th</sup> Sept	New Freeman Event	St Margaret & Guild Hall
16 <sup>th</sup> Sept	YP - Drinks in the City	Live Event – Venue TBD
17 <sup>th</sup> Sept	Sheriff's Ball	Guild Hall
21 <sup>st</sup> Sept	351 <sup>st</sup> Banquet	Guildhall
26 <sup>th</sup> Sept	Sheep Drive	Southwark Bridge followed by drinks / Lunch venue TBC (limited places)
29 <sup>th</sup> Sept	Common Hall	Election of Lord Mayor
13 <sup>th</sup> Oct 6.00-8.30pm	Escape Café Fundraiser	The Reform Club
14 <sup>th</sup> Oct	YP Event	Virtual/Live Event
28 <sup>th</sup> Oct	FM Dinner	Ironmongers' Hall
13 <sup>th</sup> Nov	Lord Mayor's Show	Lunch after @ Apothecaries' Hall
26 <sup>th</sup> Nov	YP Dinner	Barber-Surgeons (or Glaziers)
9 <sup>th</sup> Dec	YP – Christmas Drinks	London City Live Event
15 <sup>th</sup> Dec	Liveryman Dinner	House of Commons
16 <sup>th</sup> Dec	Carol Service	St Margaret Pattens Church
6 <sup>th</sup> Jan	Court Meeting	Watermans Hall
TBC Jan	Lord Mayors Banquet	Mansion House
23 <sup>rd</sup> Feb	Speaker Dinner	House of Lords
10 <sup>th</sup> Mar	March Dinner	Vintners Hall