



The Pattenmaker

WEEKLY NEWS FROM AROUND THE LIVERY

Issue 57

Friday 14th May 2021

From the Editor Liveryman Ian Balcombe



We have plenty of variety this week – the Avian Correspondent warms to the theme, after last week’s Artic contribution as does the Quiz. There is also a report on the UK Woodlands.

The Lord Mayor brings up to date on events and plans in the City.

The Master thanks our long standing Church Warden and welcomes the new Church Warden. In Members’ News – we pay tribute to Past Master Nigel Linstead, congratulate Liveryman Deputy Jamie Ingham Clark and Freeman Ed MacFarlane is featured in the Facilities Management Trade Magazine.

Senior Past Master Helen Auty reveals a Pattenmaker connection to a city event last week and visits a garden nearer home – her neighbour’s, with many hidden delights, and in the letter’s section there is a Pattenmaker connection revealed from last week’s garden visit.

The recipe this week is a divine Chocolate Cheese Cake, with two versions – one for those watching their waist line and one for those who are not.

Our Postcard from Abroad is an update from Canada and we have our Cultural Calendar.

I hope that you will enjoy all our varieties this week.

City of London Corporation

Bulletin from the Rt Hon The Lord Mayor Alderman William Russell

Fellow Liverymen

Since I last wrote to you at Easter we had the sad news of the death of HRH The Duke of Edinburgh. Prince Philip was a fantastic champion for the UK and the City of



London over more than seven decades, and an active supporter of the Livery. He will be very much missed in the Square Mile, particularly by those Livery Companies with which he was especially associated. I am pleased that the Lord Mayor’s Appeal is working with The Duke of Edinburgh’s Awards Scheme, which is just one of the many remarkable legacies of a life well lived.

12th April saw the much-anticipated easing of lockdown restrictions and the return of non-essential retail and hospitality to the City’s streets. As part of our Reopening Campaign, supporting businesses and encouraging confidence in the return to work, I spent the week visiting shops and restaurants as they reopened and office buildings as they welcomed back staff to the workplace in greater numbers.

Kicking off with a much-needed trim at a City barbers to tidy up the Mayoral tresses, I was able to visit:

- restaurants and pubs opening up their outside spaces to customers, including the Lamb Tavern in Leadenhall Market and Le Cordon Blue cookery school in Fleet Street;
- retailers in One New Change, Bow Lane and the Royal Exchange, including the Fortnum & Mason bar;
- office buildings including 22 Bishopsgate, the Leadenhall Building, JPMorgan's City site, WeWork and insurance broker Howden Group, who have had the brilliant idea of giving all their staff a pre-loaded gift card to spend in local shops and restaurants to support the recovery;
- City churches St Mary Le Bow and St Mary Aldermary and my own livery company at Haberdashers' Hall; • as well as the vaccination and testing centres which are crucial to the return to work.

It was great to meet so many people who are keen to get back to business. The campaign continues over the coming weeks, with the next major staging post being 17 May, when indoor hospitality venues and visitor attractions will be permitted to reopen. Should you be in the City that afternoon you may spot me riding in a brewer's dray drawn by two Shepherd Neame shire horses as we drive to the re-opening of the Old Dr Butler's Head pub. We will also be marking this next phase with an LSO concert at the Barbican Centre and the reopening of other landmark cultural attractions including Tower Bridge, the Tower of London and the Museum of London.

All of this activity leads towards what we hope will be the end of restrictions on 21 June. As we know, there has not been a United Guilds Service since 2019. However, in order for the Livery and City family to have an opportunity to gather together when permitted, I am planning a Service of Reflection and Hope to be held at St Paul's Cathedral on Tuesday 22 June. I intend it to be a chance for us to reflect upon the year that has passed, to recognise those who have steered and supported communities through the pandemic, and to look ahead with a spirit of optimism. We are awaiting confirmation of what the next phase of Government guidelines means for the cathedral's seating capacity, but I hope that every

Livery company can be represented at the service. My team will contact companies when the details are finalised.

I have recently concluded the latest series of virtual coffee mornings with masters and clerks of the Livery, which provided an excellent forum for me to find out more about companies' plans for a return to halls and in-person social activities, as well as to discuss the green agenda. What is very clear to me is the debt that the whole Livery owes to its Clerks and members of staff during the pandemic, who have managed to keep companies operational during a time of enormous upheaval and ongoing uncertainty. I am sure all of us in the Livery are grateful for the determination and imagination that the clerks and their teams have shown over the past year and wish to record my own admiration for all that they do. I am also pleased to have received nominations from Livery companies for my Lord Mayor's COVID19 Awards, recognising the contribution of individual liverymen and staff during the pandemic. Recipients of the Awards will be contacted shortly and I hope to be able to meet them in a physical in-person presentation event after 21st June.

I like to use these bulletins to highlight some of the activities that are taking place across the Livery. One such inter-Livery event is a forthcoming Charities Conference organised by the Chartered Accountants Company on 17 May. The virtual conference will discuss charity governance issues, debate the success of charity responses to the social needs caused by the pandemic, and will allow participants to hear from the CEO of the Charity Commission about expectations for the recovery phase. Further information about the conference and booking details are available at: [Livery Charity Conference](#)

A second pan-Livery project is Pollinating London Together, which seeks to improve the City's open spaces and private planting for bees and other pollinators. Over twenty livery companies are already involved, and, alongside the City of London Corporation, are thinking about how to use courtyards, gardens and window boxes to provide a plentiful supply of nectar. I would encourage you to support this

excellent initiative. More details here: [Pollinating London Together](#)

More broadly, to hear a little bit more about some of the other issues on which I am currently focussed I thought you might like to see these excerpts from an interview I recorded recently at Mansion House with CNBC. You can view parts of the interview at the links below:

On sustainability: [Sustainability](#)

On post-Covid: [Post Covid](#)

On post- Brexit: [Post-Brexit](#)

I hope that as the City continues to open up I will have the chance of seeing many of you soon. Until then, I send continued best wishes from me and the Lady Mayoress.

Our Charitable Fund

St Margaret Pattens

Past Master Donald Newell – the Master gives thanks

Past Master Donald Newell took over from Past Master Chris Hayward as the Pattenmakers' Church Warden in 2005, after his year of office as Master of the Pattenmakers.

We are all incredibly grateful to Donald for his long and diligent stewardship at St Margaret Pattens, during which time he has overseen the restoration of the organ, the refurbishment of the bells, the decoration of the interior and the upgrading of the facilities upstairs which now offer office accommodation with a regular rental income, thus contributing to the upkeep and maintenance required.

Donald led the appeal for the organ which involved the marketing of individual organ pipes and an appeal for donations resulting in a fully funded and beautifully restored organ which is delightful to hear played each week by the Director of Music, Rupert Perkins.

Donald and Rosemary have personally been very generous benefactors to St Margaret Pattens over many years ensuring that the church has not only stayed open and active during his 15 years

service, but has functioned through the recent pandemic with zoom lunchtime services.

During Donald's time as Church Warden, he also oversaw the installation of the Name Boards recording all the Masters since 1660. In addition, Donald completed the restoration (at the Whitechapel Bell Foundry) of the oldest recorded Church Bell (dated before the Great Fire in 1666). The Vestry was re-designed and cupboards installed and the upstairs rooms refurbished now providing a rental income to the Church.

We owe an enormous debt to Donald for his dedication to St Margaret Pattens and he leaved the church in a strong position and very good hands for the future



Honorary Chaplain Reverend Andrew Keep presented Past Master Donald Newell with a magnificent illuminated address at the Annual General Meeting not only to commemorate his outstanding service, but also appointed him "Churchwarden Emeritus"



Freeman Sarah Hodge – The Master welcomes the new Church Warden



We are delighted to welcome Freeman Sarah Hodge as the new Pattenmakers' Church Warden at St Margaret Pattens Church with her first service on Ascension Day.

Sarah is married with two teenage daughters and is an ardent

Londoner with a special interest in The City and its buildings both old and new. She has 30 years' experience working in Property, Workplace & Facilities Management and is the IWFEM Lead judge for their Excellence awards and mentor to new awards judges.

Sarah began her career working on construction with Olympia and York on the development on Canary Wharf and worked for many prestigious organisations including The British Film institute, Loreal, Lloyds of London, Swiss Re, Britvic and the Houses of Parliament. Following her operational career, Sarah is now an independent consultant, advisor, and trainer, with expertise in business transformation and change management in the built environment and FM sectors, developing and implementing strategies delivering measurable business impact.

She is passionate about enabling individuals and organisations to thrive and has considerable experience working with organisations to drive value from Collaborative and Vested relationships.

Sarah is past Deputy Churchwarden of St Mary's parish Church Diocese of Chelmsford and is currently the Deanery Synod representative and Youth work Champion.

She is a member of the Board of Governors of Woodbridge High School in Redbridge, Chair of the Pupil Disciplinary Committee and Deputy Chair of Finance and Fabric.

She is a Board Trustee of the Memorial Hall Woodford an Historical Morris Committee Hall.

Sarah is currently a volunteer at Barts NHS Trust and is supporting the Trust with its responses to COVID and the vaccine roll out programme at the Excel mass vaccination centre.

Our History

New Acquisitions update – Court Assistant Steve Huxham



Further to my Stop Press announcement in last week's Newsletter, I can now report to the Company that the Lot of qabqabs acquired was collected from the auction house this Wednesday.

First impressions are that we have done well with this acquisition. The qabqabs are generally in good condition for their age, with no obviously signs of woodworm or other decay thankfully. The usual issues that these items have over time are apparent in a couple of cases; i.e. the loss of a few of the mother of pearl or bone inlay pieces from two qabqabs, but this does not detract from the overall appearance.

What is a bonus for us and more than was expected is that, although the auction notes stated eight pairs and two singles, which is what we have, it was not immediately clear from the auction photographs that the glass topped case that a couple of pairs were pictured in was included in the purchase. One of the better pairs in terms of inlay quality is mounted in that case, along with a miniature pair, plus a pair of additional flat sandals with a toe loop that were not included in the original description. These

curious sandals appear to be made from some sort of hide, but it is impossible to check further at this stage without dismantling the case – they have been fixed to the back of it with a screw! This case of three mounted pairs would look excellent to display as it is in the cabinet at St Margaret Pattens, if space could be found.

As before, I will now assess the full selection properly, and decide which examples might be sold off as individual pairs to offset the cost of the acquisition.

Members' News

Past Master Nigel John Linstead The Clerk pays tribute.



1938 - 2021

Nigel John Linstead was born in South London in 1938 but moved to Somerset at the outbreak of the Second World War. He attended Colston's Boarding School in Bristol until leaving at the age of sixteen to join John Laing and Sons to start his career as a Civil Engineer spending the whole of his working life in the construction industry. He joined Holst & Co in 1970 progressing to MD. In 1985 he joined Bernard Sunley & Sons and successfully expanded the group with the acquisition of Lilley of Scotland and Turiff. Nigel worked on the MI motorway and several major overseas contracts especially on the UAE. It was whilst working on the construction of the M1 motorway that Nigel met Jessie, they married in 1960. They had two daughters, Claire, a mathematics teacher and Rebecca, a biologist.

Nigel became a Liveryman of the Pattenmakers' Company in 1984 and was invited to join the Court of Assistants in July 1996. Having served on many Committees he became Master in 2002

Here is an extract from an email from his daughter Claire:

I am sad to report that Nigel died peacefully yesterday (Wednesday, 5th May) afternoon. It is all very sad but I am grateful that he died at home and that I was with him.

It was his wish to be buried in Milverton in Somerset where he grew up so we will be arranging his funeral there for some time after 18 May.

Our thoughts and prayers go out to his family, he will be missed (especially his lunches in the Oriental Club), may he rest in peace.

Liveryman Deputy Jamie Ingham Clark CC - elected as the new Chairman of the City of London Corporation's Finance Committee.



Jamie, who previously served as Deputy Chairman, will lead the Committee responsible for stewardship of the City Corporation's funds. The Committee aims to

ensure the organisation achieves value for money in all its activities and maintains a sustainable financial footing. Jamie will be contributing an article for the newsletter.

Freeman Ed Macfarlane - The Premises and Facilities Management (PFM) magazine

The following article appeared in the magazine

'Can do' attitude sees large-scale improvements delivered to NHS facilities in record time, led by Ed Macfarlane in his former role as director of property.



The last 12 months have proved to be remarkable in many ways as FMs and their service provider partners have shown the true value of their wide-ranging skills and working responsibilities in assisting facilities to adapt to the measures required to meet the requirements within Coronavirus compliance.

One of the highly positive examples that have emerged is that of the efforts of those serving the Buckinghamshire Healthcare NHS Trust earlier this year.

These were led by its then director of property services Ed Macfarlane, who has since progressed further in his career as interim divisional director for women's health, maternity, children, young people and sexual health for the trust.

The efforts of his team were highlighted by a recent interview with the Worshipful Company of Pattenmakers, of which Mr Macfarlane is a fellow, including the rapid transformation of a car park into a new entrance and triage facility for the accident and emergency (A&E) centre of one of its main hospitals in just 96 hours.

This provided a highly relevant end note to the many achievements celebrated by the trust's property services department under the stewardship of Mr Macfarlane since 2017.

"After leaving the armed services I'm now on my third career and really wanted to work somewhere that I felt I could make a difference and working for the NHS provides me with the opportunity for this," he says.

"It feels like we're helping someone every day, from hospital patients to colleagues, partners and others.

"It's also very encouraging to be involved with organisations such as the Pattenmakers and seeing the level of support for armed service veterans. This is another aspect that's being encouraged within our trust and it's very rewarding to see the results of these efforts."



Postcard from Abroad

Postcard from Canada - Liveryman Dr Peter German

It has been a year since my last Postcard from Abroad. Time for an update from Vancouver, Canada. Like everyone in this global village, we have changed how we live and interact with each other, waiting for the magical cure to the pandemic. My wife received her first shot today and I received mine a few weeks ago. It does provide relief to know that the end of this plague is in sight. So, what have we as citizens of this brave new world, learned from the experience? In my opinion, a lot.

They had it right in 1918 when dealing with the Spanish Flu. Wear a mask and isolate. How basic and yet, it took us quite awhile to learn from history. The great benefit that we have today is science and technology. I suspect medicine will leap ahead, due to the tremendous investment in new vaccines and treatments. What the pharmaceutical firms were able to do in one year bodes well for other cures.

Law and business, the professions in which I dabble, have literally gone virtual – in person meetings and telephone calls are now virtual meetings. Signatures are electronic. E-mail is ubiquitous. This morning, I provided advice to a regional government group in Africa on money laundering, half-way around the world, over Zoom. Two hours in the middle of my night replaced a week-long journey to attend a meeting. This will increasingly be the expectation going forward.

We have also learned that the economy, including the stock markets and real estate do not operate by normal rules in unusual times. Who would have predicted robust markets and increased housing prices in the middle of a pandemic? In Greater Vancouver, a seismic shift is underway as city dwellers move to the suburbs, seeking affordable homes which can become their office away from the office. A travel boom is likely just around the corner, as everybody is itching to ‘get out of the house’.

And yet, we see the continuing scourge of the pandemic in so many countries, India and Brazil being prime examples. The virus has accentuated the chasm between Developing and Developed Worlds. It has also created a divide between those which are reliant on other countries for protective equipment, medical machines, and vaccine production, and those which never had this capacity or outsourced it. Most medical and non-medical grade masks disappeared off our store shelves and were shipped overseas by private individuals before the virus was even detected in North America. We had to press restart.

In Canada, much of what we do is dependant on our friends to the south, in the United States. We have closely followed their ongoing drama of the

past few years and what seems now to be a new beginning. We were quite smug during the early days of the pandemic, believing that we were well ahead of the U.S. in terms of dealing with it. And yet, as the Biden administration turned virus production and distribution into a peacetime war effort, Canada faltered due to an absence of domestic vaccine production. We now look to our neighbours (and to Europe) for supply. Except for essential travel, our border with the U.S. has, by agreement, been closed for over a year and will likely remain that way for some time.

Although the virus has disproportionately affected the elderly, I suspect there will be lasting effects on many young people, whose lives have been turned upside down, in terms of in class learning, sports activities, interacting with friends, as well as the passages of life, such as school and university graduations, travel adventures, and even marriage ceremonies. We have not seen our eldest daughter, a physician in Australia, since 2019, but are comforted by Facetime calls and knowing that she is well (and that Australia is almost Covid-free). Our youngest, a grad student at an Australian university, was caught in Canada by the pandemic and forced to continue her studies online. Not much fun to attend classes at strange hours of the day and night! Sadly, we lost our 16-year old Shih Tzu, Django, this year due to old age and miss him greatly.

However, when all is said and done, we are among the lucky ones. We are so pleased that the U.K. is through the worst of the pandemic. We have watched your highs and lows from a distance and recognize the indomitable English spirit. Hopefully, it will not be long before we can again break bread with old and new friends at an in-person Pattenmakers function. Louise, Alexandra, Kimberly, and I wish everyone the very best!



Kimberly, Louise, and I on the beach near our home in Vancouver, with the border and Washington State just around the corner.



Tulips in Containers



Looking north from the same spot during our only dusting of snow this past winter.



Tulips in Water Tank

Gardening

Nick the Occasional Gardener – – Senior Past Master Helen Auty

This week's garden is not attached to a grand house but is a neighbour's garden opened under the NGS (Yellow book) scheme and on Sunday morning's sunshine it was an absolute riot of colour from a most wonderful display of tulips.

The garden belongs to a corner block and hence is larger than many in the vicinity but by no means large – what Nick - The Distinctive Gardener has managed to pack into it is simply astonishing. One of the first items to catch the eye is the Tulip Theatre





Tulip Theatre

Nick's variation on a theme of the old Auricula theatres.

From this moment on it is really difficult to decide what to look at next.....tulips in every kind of container from old water tanks to an array of different pots. Two tulips I must definitely get for next year are 'Doll's Folly'



Doll's Folly

and Apricot Parrot



Apricot Parrot

and what garden is complete without a blue viola ladder



Nick's two cats had a bad time trying to find a quiet corner to themselves



and the many legs and feet in my photos show how many seats there are strewn around this garden. As with any good NGS gardens, coffee, cakes and Danish were available as well as bay leaves and sage and some free seed packets for the taking.

There are, amazingly, some quite tall trees, a pond with Marsh Marigolds (*Caltha palustris**), a tree fern and a magnolia above and someone enjoying their coffee.



Looking across the Pond

As someone who never studied Greek and gave up Latin at the first possible moment (who wants to look at black and white pictures, aged 11, captioned *O me miserum* - only too appropriate in my case) when I began to take an interest in plants I was delighted to learn how much a Latin or Greek name could tell you – whether the flower was gold, blue, or white, which plant explorer found it, what sort of growing conditions it requires or in what kind of area it might be found.

Take the *Caltha palustris* – *Caltha* derives from Ancient Greek meaning goblet and usually refers to the flower shape. *Palustris* is the Latin word for marshy or swampy – both perfect for the Marsh Marigold.]

Behind the pond there's even a quiet 'classical' corner complete with its Ionic column amongst the bamboo hedging.



Ionic Column

This really is a garden for everyone and best of all (for me and my 'bubble' as we all use Nick's services) is that he is one of the most obliging people when one needs some hedge cutting or a new bag of compost or anything else garden-oriented.

If you want a peep at Nick's garden at a different time of year there's a 2.30min video on his website: www.thedistinctivegardener.com Other links are: The YouTube Channel is The Distinctive Gardener and Instagram @thedistinctivegardener.

We're just starting the time for visits to 'yellow book' gardens for the NGS – that wonderful charity which has raised over £60m since it started in 1927 for so many charities such as the Macmillan and Marie Curie Cancer Care, Help the Hospices and many others. This year there will be in the region of 3,700 gardens open for an 'NGS' day, from the tiny cottage garden to the grand landscape garden around a huge 'stately home'. Hope you all enjoy lots of garden visits this summer.

Bird Watch

Bird of the week this week is the Olive Backed Pipit – Freeman Richard Parlour



This week is the 57th issue. No particular anniversary, but the number 57 leads me, due to the power of advertising, to Heinz's 57 varieties. I didn't get far looking for any tomato ketchup related birds, but noticed that one of Heinz's original 57 varieties includes olives, so bird of the week this week is the Olive Backed Pipit.

This is quite a rare bird in the UK, but there are usually a few sightings every year. I have rarely been on a twitch, but this was one. Some regard twitchers as merely another name for birders, ornithologist, birdwatchers, etc., but a twitch really entails waiting for news of some rare sighting, cancelling everything and leaping in a car/train/plane/helicopter to stand a chance of seeing the rarity before it departs. In this case I happened to be up in Norfolk anyway when my friend took the call, and it was off immediately to Wells Woods, just outside Wells next the Sea. The usual feeling in the car on the way is whether you will find the bird, and where exactly it will be by the time you arrive. There is usually no need for such concern, however, as all you really need to do is look for a bank of long lenses trained on the quarry by other enthusiasts, some in full camouflage (as if any bird is going to mistake you for foliage). We watched for around an hour as the Olive Backed Pipit hopped up and down an undulating woodland path, occasionally disappearing into the undergrowth.

It is a really handsome bird, similar to other pipits with its trademark streaked chest and underparts, pink legs, white supercilium, and of course, an olive back. Sometimes it is also called Indian pipit or Hodgson's pipit, as well as tree pipit owing to its resemblance to the tree pipit. However, its back is more olive toned and less streaked than that species, and its head pattern is different with a better marked supercilium.

It is a long distance migrant moving in winter to southern Asia and Indonesia from Russia. The UK is a bit off its usual route so we only usually get to see such rarities when they are blown here off course. The standard method is to watch the weather forecast. If a fairly strong easterly wind is expected over three days or so, head to Norfolk or East Yorkshire for a chance of seeing something different.

Olive Backed Pipits are usually seen singly or in pairs. They run about on the ground in search of food and fly up into trees when disturbed. Their flight is jerky and undulating. They feed on insects, grass and weed seeds. Their song is lark-like and uttered on the wing, similar to the tree pipit, but faster and higher pitched. They also have a call, a single tseep or spek, also similar to the tree pipit. Their nest is a cup of moss and grass placed on the ground under a tuft of grass or boulder in open woodland and scrub. They lay 3-5 eggs and raise two broods per season. Good luck with seeing one. Your best bet (unless you are venturing to the Russian forests for the summer, or in Asia or Indonesia over winter, is to get a tip when they show up. Try the Bird Guides website, or Penny's Hot Birding!

UK woodlands at crisis point

A review of the state of Britain's native woods and trees has found only 7% are in a good condition. While woodland cover is slowly increasing, the wildlife within it is decreasing, says the Woodland Trust. If threats to woodland aren't tackled, the UK's ability to tackle climate and nature crises will be severely damaged. The Woodland Trust is among a number of groups calling for legally binding targets for the recovery of nature. Woodland now covers 13% of UK land, up from 12% in 1998. About half is made up of

native tree species, such as oak, beech and ash, including centuries old ancient woodlands. The remaining half comprises non native trees such as conifers grown commercially for timber. Despite the small increase in the amount of woodland cover over the past few decades, the trend for wildlife is one of steep decline, said the Woodland Trust. The report, State of the UK's Woods and Trees 2021: www.woodlandtrust.org.uk found that ancient woodlands lock up proportionally more carbon than other types of tree cover. Estimates suggest that ancient and long-established woodlands hold 36% of all woodland carbon (77 million tonnes). Ancient woodlands continue to be lost and damaged by house building, new road and railways, the report says. It calls for a better balance to be restored by removing non-native trees and invasive plants such as rhododendrons. The report says as well as protecting existing woodlands, we need to quadruple current tree planting efforts and increase the proportion of native tree species. Location and quality are the key to success, it argues, including connecting existing native woods and creating new ones near urban populations and in areas at high risk of flooding.

Happy birding!

Events

Pattenmakers' Events

A full list of all planned future events appears at the end of the newsletter.



*The Worshipful Company
of Management Consultants*

From the Clerk:

**The Worshipful Company of
Management Consultants – On Line
event 19th May**

'We want to bring to your attention an event that has been organised on the subject of Diversity and Inclusion, and the dilemma of Unconscious Bias. As we all know, the subject of diversity has been in the headlines quite a lot of late. Recent

developments have been highlighting the need to address gender and ethnic diversity. It has prompted a number of diversity related initiatives, from gender pay gap reporting to boardroom composition, with the aim to improve the way we recognise and embrace diversity. However, it is "inclusion" that is crucial to making diversity a benefit rather than just a statistic. Experience has shown that unconscious bias is one of the major stumbling blocks to making inclusion work well. We all have blind spots and ingrained biases. Recognising those biases in ourselves and others, and learning to overcome them, is a skill well worth developing. It is with this in mind that our Education Committee chose unconscious bias as a pertinent topic for self-development.

The lecture is an on-line event (via Zoom), and it takes place early evening on 19 May. Attendance is free, and the practical nature of the content has widespread applicability. Professor Kandola is an excellent speaker and a highly regarded expert in this field. Further details are included in the link to the event.

If you are interested in attending, please make use of the following link: www.wcomc.org

The invitation is also open to anyone, so feel free forward the invite if you know someone else who might be interested. We hope you are able to join us.

Cultural Calendar

Presented by Liveryman Zoë Chowney

**10th – 16th May – Mental Health Awareness
Week:**



Mental Health Awareness Week is an annual event when there is an opportunity for the whole of the UK to focus on achieving good mental health. The Mental Health Foundation started the event 21 years ago. Each year the Foundation continues to set the theme, organise and host the Week. The event has grown to become one of the biggest awareness weeks across the UK and globally.

During this pandemic, millions of us have experienced a mental health problem, or seen a loved one struggle. And we've seen that the support we all need just isn't out there.

This year's Mental Health Awareness Week (MHAW) theme is nature and the environment. The theme was chosen because being in nature is known to be an effective way of tackling mental health problems and of protecting our wellbeing. The evidence is clear that access to nature is crucial for our mental health, and millions of people discovered that during lockdowns in 2020. However, this was not the same for all of us. MHAW 2021 will explore what the barriers to accessing nature are and ensure that everyone is able to share in the natural world and experience its mental health benefits.

14th May – Akshaya Tritiya (Hindu):



Akshaya Tritiya, also known as Akti or Akha Teej, is an annual springtime festival of the Hindus and Jains. It falls on the third Tithi (lunar day) of Bright Half (Shukla Paksha) of Vaisakha month. It is observed as an auspicious time regionally by Hindus and Jains in India and Nepal, as signifying the "third day of unending prosperity". The word 'akshaya' in Sanskrit means anything that is endless or forever and hence Akshaya Tritiya is believed to bring good luck.

On the auspicious Akshaya Tritiya, people prefer to start new work or businesses. People also prefer buying gold on this day in the belief that it brings forth more wealth and prosperity in the future.

It is also a day where people pay respect to their forefathers and parents who are no more.

15th May – International day of families:



Founded by the United Nations in 1994, the International Day of Families is observed every 15th May to honour the importance of families.

Families, both traditional and non-traditional, are the foundation of society. Our most formative years are spent with our families and those people are likely the most important people in our lives, so they should be celebrated.

According to the United Nations, the theme for the 2021 observance of the International Day of Families is "Socially just transition towards sustainable development: the role of digital technologies on social development and well-being of all."

17th May – International Day Against Homophobia, Transphobia & Biphobia:



The International Day Against Homophobia, Transphobia and Biphobia was created in 2004 to draw the attention to the violence and discrimination experienced by lesbian, gay, bisexual, transgender, intersex people and all other people with diverse sexual orientations, gender identities or expressions, and sex characteristics.

The date of 17th May was specifically chosen to commemorate the World Health Organisation's decision in 1990 to declassify homosexuality as a mental disorder.

There are over 70 countries in the world where same-sex relationships are illegal, and in around 10 of these countries the punishment could be death. It is estimated that 70% of the world's population live under laws and regulations that limit freedom of expression around sexual orientation and gender identity.

The Day represents a major global annual landmark to draw the attention of decision makers, the media, the public, corporations, opinion leaders, local authorities, etc. to the alarming situation faced by people with diverse sexual orientations, gender identities or expressions, and sex characteristics.

17th May is now celebrated in more than 130 countries, including 37 where same-sex acts are illegal. Thousands of initiatives, big and small, are reported throughout the planet.

The International Day against Homophobia, Transphobia and Biphobia has received official recognition from several States, international institutions such as the European Parliament, and by countless local authorities. Most United Nations agencies also mark the Day with specific events.

17th – 18th May – Shavuot (Judaism):



Shavuot is one of the Jewish harvest festivals, also known as the festival or feast of 'Weeks'.

There is no set date for the two-day festival, but it takes place seven weeks (50 days) after the first day of the spring festival of Passover.

This time of year marks the start of the wheat harvest and the end of the barley harvest. Shavuot also marks the time that the Jews were given the Torah on Mount Sinai. It is considered a highly important historical event.

Shavuot is sometimes called the Jewish Pentecost. The word Pentecost here refers to the count of fifty days after Passover. The Christian festival of Pentecost also has its origins in Shavuot.

Prayers are said on Shavuot (especially at dawn) to thank God for the five books of Moses (collectively known as the Torah) and for his law. Some people also spend the first night of Shavuot studying the Torah.

Synagogues are decorated with flowers and plants on this joyous occasion to remember the flowers of Mount Sinai.

Dairy products are eaten during Shavuot. There are many interpretations about why this custom is observed. It is believed that once the rules about the preparation of meat were revealed in the Torah, the people of Sinai were reluctant to eat meat until they fully understood the rules.

20th May – Global Accessibility Awareness Day:



The 10th Global Accessibility Awareness Day (GAAD) takes place on 20th May in order to get people worldwide talking, thinking and learning about digital access and inclusion.

Every user deserves a first-rate digital experience on the web. Someone with a disability must be able to experience web-based services, content and other digital products with the same successful outcome as those without disabilities.

GAAD's target audience is those working in design, development, usability and other related communities who build, shape, fund and influence technology and its use. Unfortunately, there is a knowledge gap around accessibility issues and applying the appropriate standards which can prove to be a critical stumbling block to things getting done.

Letters to the Editor

From Senior Past Master Helen Auty

Imagine my surprise when I read about the Glaziers Company webinar to see that one of the speakers is Rolf Achilles who was one of my after dinner speakers when I was Master a decade or so ago and came over from Chicago especially for our Dinner. I've already signed up to Zoom in on the event at Glaziers.



Rolf Achilles at Skimmers Hall Installation Dinner 19th March 2009

Court Assistant Steve Huxham

It is always a pleasure to read of the travels of Senior Past Master Auty in the Newsletters, and of the beautiful locations and gardens she describes. This was particularly so in the case of Athelhampton House (Issue 56) and not just because it brought back distant memories of a location I probably last visited during my teenage years in Dorset. Aside from that, my attention was particularly drawn to the mention of Alfred Cart

de Lafontaine, the owner of Athelhampton from 1890 to 1918 and who was responsible for commissioning the redesign of the gardens into the layout that exists to this day.

Alfred was in fact the younger brother of our own Past Master, the Reverend Henry Cart de Lafontaine, Sheriff of the City of London in 1914, and our Master in 1920. They were the sons of Henri Phillippe Cart, an ivory dealer born in the Canton de Vaud, in Switzerland, and who seems to have moved permanently to England in 1849, where he met and married his wife, Emma Nicholls. The "de Lafontaine" part of the surname was added at a later point, presumably as a nod both to the family's increased social standing in the Victorian era, and their Swiss-French heritage.

Younger son Alfred seems to have been the one to have enjoyed greater success in business, with the purchase of Athelhampton as the evidence, whilst our own Past Master enjoyed a different calling, although he also gained considerable social status in London society. On the basis of the snippets of evidence we have, Henry would appear to also fit into the category of colourful characters from our Company history ranging from a "spot of bother" with his expenses for the Sheriff's campaign (thankfully resolved) to his rather unusual Obituary in the *Western Morning News* in 1938.

This was headed "*To Be Buried In His Cassock*" and finished with the line that he had "*directed that steps should be taken to prevent premature burial.*" Goodness. Maybe Henry read rather a lot of Edgar Allan Poe when he was younger?

We also remember Past Master Cart de Lafontaine because his son is on the Roll of Honour of our World War One Fallen. Captain Alfred Edward Cecil Cart de Lafontaine MC, attached to Headquarters Staff, 76th Infantry Brigade, 3rd Division, and previously 1st Battalion, East Yorkshire Regiment, was killed in action in Montauban on July 9th 1916, during the Battle of the Somme. Clearly this loss must also have greatly affected his uncle too, since Alfred (senior) had no heirs of his own. In the chronology of Athelhampton on the House website, it records: "*Cart De Lafontaine is never satisfied with his many changes to Athelhampton, and having spent a fortune here, after his favourite Nephew and heir is killed in the*

World War, he sells Athelhampton to release his money."

I am sure we will return to tell more of the story of the Cart de Lafontaine family in due course.

PS. On a much lighter note concerning our esteemed Past Master's excellent article, I was also entertained by the mention of the delightful town name of Puddletown. A look at the local map of that area of Dorset will uncover some other village names nearby that were less affected by Victorian sensibilities than this one.



Henry Cart de Lafontaine - Page 282 National Guard Book

Recipe of the Week

Chocolate Cheese Cake – Past Mistress Pattenmaker Eileen Eskenzi



This Chocolate Cheese Cake always tastes divine. Its flavoursome, creamy and is very easy to make. Please try both versions

EQUIPMENT:-

20cm (8in) Springform baking tin - base and sides lightly buttered
Saucepan
Mixing bowl
Grater
Electric Whisk or Kenwood Mixer with the 'Whisk' attachment.

Oven temperature:- 180C/160C Fan for 40-45 minutes

INGREDIENTS:-

BASE:-

150g/5oz (approx. 10 biscuits) Dark chocolate digestive biscuit crushed to a crumb.
70g/3oz just melted butter.

FILLING:-

2 x 180g Full fat cartons of Philadelphia Original Cream Cheese (pour away any liquid found in carton prior to use) or use cartons of Waitrose Cream Cheese 100ml Double cream
2 large eggs
6 Tablespoons Golden caster sugar
3 Tablespoons Cocoa (I use Green & Black's Cocoa) Finely Grated rind of an orange (no juice)
A Dash each of Vanilla Essence and Almond Essence
TOPPING (optional):- 142ml Carton Soured Cream
1 TBS Golden caster sugar
2 teasp. Lemon juice

METHOD:-

- 1). Gently melt the butter in a saucepan and then blend in the crumbed biscuits. When thoroughly mixed, press 'the crumb' firmly into the base of your greased baking tin.
- 2). Place all the filling ingredients into a large mixing bowl and whisk them together for several minutes until you have a thick, smooth and creamy mixture.
- 3). Pour the filling on top of the biscuit crumb. Give the tin a tap to evacuate any possible bubbles.
- 4). Place the cake into your heated oven and check after 35 minutes. It should be firm but not wobble when the tin is tapped. Leave to bake for a further 10 minutes if not cooked adequately .
NB. As the cake cools it sometimes develops a crack on the surface. I never know why, but don't worry because it will still taste delicious and any cracks can be disguised by your clever decoration.

5). When the cake is cold, blend together well all 3 TOPPING ingredients and gently smooth it over the entire surface of the cake with the back of a spoon.

6). Loosely cover the cake with silver foil or cling film and place into fridge overnight. When ready to serve, ease a warmed knife smoothly around inner ring of the cake tin. Unclip it and remove from cake it's tin on to serving dish. At this stage you can also remove the cake from base if desired.

7). DECORATE with strawberries, raspberries and Cape Gooseberries or as in image with Marshmallows or for a special occasion buy a box of Chocolate Truffles - Yum!

SERVE with whipped cream.

TO MAKE alternative CHEESECAKE:-
INITIALLY OMIT the Cocoa powder.

Blend all the remaining ingredients thoroughly as instructed. Then with a large spoon, 'in blobs', drop HALF the Cheese Cake mixture into the baking tin.

Now blend into the remaining half cake mixture, 2 heaped tablespoons of cocoa. When totally blended, haphazardly fill the gaps in the tin with the chocolate cheese cake mixture. Smooth surface and bake as above.

When ready to serve a slice of cake will have an attractive marbled effect.

Quiz

Last week's Emerald Isle Quiz Answers

1. What is the Irish name for Ireland ? [Eire](#)
2. What is the longest river in Ireland? [Shannon](#)
3. What does the Irish word "craic" mean? [Ans: Craic \(/kræk/ KRAK\) or crack is a term for news, gossip, fun, entertainment, and enjoyable conversation.](#)
4. Which is the largest county in Ireland? [Co Cork](#)
5. Which is the smallest county in Ireland? [Co Louth](#)
6. Where can you find the Book of Kells? [The Library of Trinity College Dublin.](#)
7. Where was Oscar Wilde born? [Westland Row Dublin](#)
8. What was the Roman name for Ireland? [Hibernia](#)
9. Which is the best-selling Irish Whiskey? [Jameson](#)
10. Which year did Ireland Join the Euro? [Ireland joined the European Union in 1973 and was one of the first countries to adopt the euro on 1 January 1999](#)

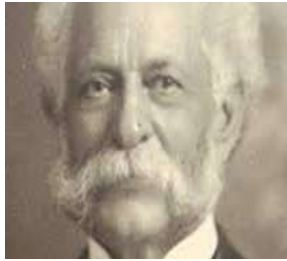
Well done everyone who entered!

Please see next page for this week's Quiz.

All contributions are welcome – please send to the Editor Ian Balcombe ianbalc@gmail.com

The 57 Quiz

1. Who is this?
2. What did he do?
3. What was his first product?



4. What does HP stand for?
5. What is the main spice ingredient in this sauce? **Clue** See newsletters *passim*?

6. How many Baked Beans, on average, are there in a standard 415g tin of Baked Beans?

7. Where, in 1886, were they first sold in the UK? **Clue** See Pattenmakers' events calendar – 30th June 2021?



8. Approximately how many tins of these are sold in the UK every day?



9. What can't you drink without lashings of this?

10. This is the Company's best-selling soup, selling twice as much as the next best-selling soup – what is the Company's second best-selling soup?



11. Does anybody still eat this?

12. What year was the upside-down squeezable bottle introduced?

13. Approximately what is the percentage, of this brand of Ketchup, of sales in Europe?



14. What year was tinned spaghetti invented?

15. What year was Salad Cream introduced?



. . . the remaining 42 questions are to follow!

Please send an email to clerk@pattenmakers.co.uk with your answers. The answers will be announced in a subsequent edition of the Newsletter

Pattenmakers' Company Events Calendar June – Dec 2021

Pattenmaker Events = Black - Contact: Graham.Perry@datore.co

Civic Events = Red – Contact: Clerk@pattenmakers.co.uk

Young Pattenmaker Events = Blue – Contact: Sophia.lee@datore.co

DATE	EVENT	LOCATION
3 rd Jun	YP Event TBC	YP Virtual Event
17 th Jun	Trade Outing	Royal Parks
23 rd Jun	Inter-Livery Shoot	Holland & Holland Grounds
24 th Jun	Common Hall	Election of Lord Mayor
25 th Jun	Livery Bike Ride	Northampton (Dr Martins)
29 th Jun	Summer Dinner	Merchant Taylor's Hall
30 th Jun	Afternoon Tea Fundraiser	Fortnum & Mason
8 th July	Drinks in the City	Live Event
22 nd July	Tour of Masons' Hall	Grand Lodge, London. TBC
5 th Aug	YP Event	Live Event
19 th Aug	Champagne Tasting	TBC
16 th Sept	New Freeman Event	St Margaret & Guild Hall
16 th Sept	YP - Drinks in the City	Live Event – Venue TBD
17 th Sept	Sheriff's Ball	Guild Hall
21 st Sept	351 st Banquet	Guildhall
26 th Sept	Sheep Drive	Southwark Bridge
29 th Sept	Common Hall	Election of Lord Mayor
13 th Oct	Escape Café Fundraiser	The Reform Club
14 th Oct	YP Event	Virtual/Live Event
28 th Oct	FM Dinner	Ironmongers' Hall
13 th Nov	Lord Mayor's Show	Lunch after @ Apothecaries' Hall
26 th Nov	YP Dinner	Barber-Surgeons (or Glaziers)
9 th Dec	YP – Christmas Drinks	London City Live Event
15 th Dec	Liveryman Dinner	House of Commons
16 th Dec	Carol Service	St Margaret Pattens Church
6 th Jan	Court Meeting	Watermans Hall
TBC Jan	Lord Mayors Banquet	Mansion House
23 rd Feb	Speaker Dinner	House of Lords
10 th Mar	March Dinner	Vintners Hall