



The Pattenmaker

WEEKLY NEWS FROM AROUND THE LIVERY

Issue 44

Friday 12^h February 2021

From the Master Jennifer Bryant-Pearson

Happy Chinese New Year!



Our Young Pattenmakers are celebrating tonight over a Chinese tea tasting and our Clerk provides an insight into the origins and customs of the 15 days of Festival whilst our Avian

correspondent, Freeman Richard Parlour picks up the theme of Chinese New Year via Year of the Ox to the Cattle Egret.

Freeman Zoe Chowney continues her series on the cultural Calendar for the coming month including an early reminder and explanation of Valentine's Day.

From the City, the Lord Mayor updates us on the recommendations from the Culture and Commerce taskforce re Covid and our Charitable Fund news comprises a special event to be arranged by Footwear Friends and an update from the Guildhall School of Music and Drama, whose students entertained us so beautifully at our recent virtual banquet.

Having learned from Court Assistant Steve Huxham that Past Masters were armed and dangerous, beware when we next meet in person!

We welcome Young Pattenmaker Ellie Copsey as a Freeman of the Company and Past Master Tim Watts reports on the death of Alderman Hugh Walduck, a Past Prime Warden of the Basketmakers, known to many of our members.

Our Stewards' series continues with Court Assistant Alan Lyons who leads a double life in the Swiss alps during the winter!

Future events include an Admittance Ceremony for Freeman Mats Vikstrom on 17th February - and he provides his Swedish recipe for Potato Cake this week - as well as the Scarr-Hall Pattenmakers' presentation the same evening

We meet Pepe, the chief Steward's 27 year old horse and our Editor presents the Lord's vaccination score board as MCC assists in the fight against Covid.

Answers to the Lanky Quiz and a new Cornish Quiz feature courtesy of our Clerk.

新年快乐



In Chinese culture and East Asian countries, the festival is commonly referred to as the Spring Festival and marks the end of [winter](#) and the beginning of spring. In 2021, the first day of the Chinese New Year will be on Friday, 12th February (today!) and this year it is the Year of the Ox



The Chinese New Year is associated with many myths and customs. The festival is traditionally a time to honour gods as well as ancestors and is regarded as an occasion for Chinese families to gather for a reunion dinner. It is also traditional for every family to thoroughly clean their house, in order to sweep away any ill-fortune and to make way for incoming good luck. Another custom is the decoration of windows and doors with red paper-cuts representing good fortune, happiness, wealth, and longevity. Other activities include lighting firecrackers and giving money.

In order, the 12 animals of the zodiac are: rat, ox, tiger, rabbit, dragon, snake, horse, goat (sometimes a sheep), monkey, rooster, dog and pig. The festival lasts for 15 days, each day has a different significance:

The Pattenmaker

Day 1

Day one is for welcoming Gods of the heavens and earth, officially beginning at midnight. It is a traditional practice to light fireworks, burn bamboo sticks and firecrackers and to make as much noise as possible to chase off the evil spirits. It is considered lighting fires and using knives to be bad luck on New Year's Day, so all food to be consumed is cooked the days before. It is also considered bad luck to use the broom, as good fortune is not to be "swept away". Most importantly, the first day of Chinese New Year is to honour elders and families visit the oldest and most senior members of their extended families. Some families may invite a lion dance troupe to usher in the Chinese New Year as well as to evict bad spirits from the premises.

Day 2

The second day of the Chinese New Year, known as "beginning of the year" is when married daughters visited their birth parents, relatives and close friends and incense is burned at the graves of ancestors as part of the offering and prayer rituals.

Day 3

The third day is known as "red mouth". Rural villagers continue the tradition of burning paper offerings over fires. It is considered an unlucky day to have guests or go visiting.

Day 4

The fourth day is when business returns to normal.

Day 5

This day is the god of Wealth's birthday and people eat dumplings and light firecrackers to ensure good fortune in the new year.

Day 6

The sixth day is Horse's Day, on which people drive away the Ghost of Poverty by throwing out the rubbish accumulated during the festival.

Day 7

The seventh day is the day when everyone grows one year older.

Day 8

Another family dinner is held to celebrate the eve of the birth of the Jade Emperor, the ruler of heaven. People normally return to work by the eighth day.

Day 9

The ninth day is a day for Chinese to offer prayers to the Jade Emperor of Heaven.

Day 10

The Jade Emperor's birthday party is celebrated on this day.

Day 15

The fifteenth day of the new year is celebrated as the Lantern Festival, and families walk the street carrying lighted lanterns. This day marks the end of the Chinese New Year festivities.



Traditionally, red envelopes or red packets are given from married couples or the elderly to unmarried family members and children. Red packets almost always contain money. Chinese superstition favours amounts that begin with even numbers, such as 8, means "wealth", and 6 means "smooth", except for the number 4 means "death", and is, considered unlucky. Odd numbers are also avoided as they are associated with cash given during funerals. Red envelopes are then kept under the pillow and slept on for seven nights after Chinese New Year before opening because that symbolises good luck and fortune.

The colour red is commonly worn throughout Chinese New Year as it is believed red will scare away evil spirits and bad fortune. The wearing of new clothes is another custom during the festival, the new clothes symbolize a new beginning in the year.



Chinese New Year is celebrated in many countries with significant Chinese populations. These include countries throughout Asia, Oceania, and North America. Sydney, London and San Francisco all claim to host the largest New Year celebrations outside of Asia.



City of London Corporation

Recovery from Catastrophe - Cultural and Commerce Taskforce

Close collaboration across the cultural, civic and commercial sectors will be essential in tackling the “cultural catastrophe”



caused by the COVID-19 pandemic, a report published by the Culture and Commerce Taskforce reveals.

Chaired by Lord Mayor William Russell, the City of London Corporation – in partnership with its creative district, Culture Mile – formed the Culture and Commerce Taskforce in October last year.

It assembled leading figures from across the capital’s commercial, civic, tech, and creative organisations to find new ways in which London’s culture and business sectors can work together to maintain the city’s competitive

advantage as a global creative and commercial hub.

The Taskforce makes three key recommendations to help secure the capital’s creative future, providing a blueprint for stronger collaboration between the culture and business sectors, and boosting London’s economic growth as the UK recovers from the pandemic.

‘*Culture and Commerce: Fuelling Creative Renewal*’, which is published 9 February, urges creative, civic, and commercial organisations to act urgently upon three recommendations:

1. **Creative Activation: Bringing London alive through creativity**

The commercial and arts sectors should work together to use creativity to bring people back to London as soon as social distancing restrictions allow.

By repurposing public and commercial spaces and using creative and digital expertise across London, businesses and public bodies should employ artists and creatives to help develop urban renewal programmes, filling streets, shop windows, and lobbies in the capital with creative activity to attract workers, visitors and residents when COVID restrictions allow.

2. Exchange: Sharing knowledge and building skills between culture and commerce

There is a powerful opportunity to bring together London's creative and business strengths to boost professional skills, attract and nurture global talent, and build international connections. By drawing upon each other's expertise, culture and commerce can access the creative and business skills needed to navigate the challenges of a post-pandemic, post-Brexit world.

Recommendations include: a London creative skills event for school-leavers post-COVID; a skills-sharing programme which offers professional development opportunities across the creative and commercial sectors; and an international exchange programme, which connects the creative and commercial sectors across the world to explore global issues.

3. Creative Enterprise Hubs: Developing dedicated spaces for cross-sector innovation

Physical hubs are a hotbed of ideas for innovation and provide isolated workers with human connections and inspiration.

The Taskforce recommends establishing a brokerage model supporting owners, occupiers and employers to make unused office and retail space available for creative businesses, and a dedicated forum to give freelancers a voice in planning the future of the creative sector.

Lord Mayor of the City of London, William Russell, said: "The COVID-19 pandemic continues to have a devastating impact upon the capital's cultural and creative sectors, and we make no apology for describing the situation as a 'cultural catastrophe'.

"But this blueprint for a deeper relationship between the creative and commercial sectors will help boost London's economic growth and places the capital's powerhouse creative sector as a leading force in the economic recovery from coronavirus.

"It is critical for culture and commerce to work together and harness London's creative energy to

retain its position as the best city in the world in which to live, work, learn, and invest.

"I call upon culture, civic, and commercial organisations across London to consider what the Taskforce is proposing, with a view to implementing as many recommendations as they are able to, in order to help accelerate the recovery."

The City of London Corporation is the fourth largest funder of heritage and cultural activities in the UK and invests over £130m every year.

In partnership with the Barbican, Guildhall School of Music & Drama, London Symphony Orchestra, and Museum of London, the City Corporation is leading the development of Culture Mile between Farringdon and Moorgate, a multi-million-pound initiative to create a new cultural and creative destination for London.

National Apprenticeship Week

Monday (8th February) marked the beginning of National Apprenticeship Week, with over 100 people kickstarting their careers at the City of London Corporation in a diverse range of jobs across the capital. As the governing body for the Square Mile and a major capital-wide public services provider, the City Corporation manages 11,000 acres of green space in London and south east England, runs 10 academies across the city, and manages 12 social housing estates across six London boroughs and the City of London. Apprentices have been placed across its departments, learning new skills such as coding, programming and procuring. All Corporation apprentices, who are recruited from a diverse range of backgrounds, are paid the London Living Wage and continue to be supported with careers advice after their apprenticeship. This year's National Apprenticeship Week theme focuses on how employers train, retain and help apprentices achieve.

Our Charitable Fund



Footwear Friends special virtual event – an evening of Cryptic Clues and Colourful Cocktails

Blow away those lockdown blues by joining us on Thursday 4th March for a fun filled evening including a virtual scavenger hunt followed by mouth-watering cocktail tasting! This special virtual event is £50 per head to enter with all money raised going to support Footwear Friends. The price includes entry to our 'Heart & Sole' Scavenger Hunt and you'll also receive a cocktail pack sent to you in advance. Alternatively you can enter the Scavenger Hunt only for £10 per head. The evening will start at 5pm with the Scavenger Hunt so be sure to expect lots of shoe themed items to find!



This will be followed by cocktail tasting at 6pm, where you'll have the chance to learn about the history of cocktail making and the ingredients that go into them, while making and sampling a few cocktails to enjoy - of course!

To register and support this great cause simply email: info@footwearfriends.org.uk

Please also provide a postal address in your reply. All entries must reach us by - 5pm on Tuesday 23rd February. *Cocktail packs will be sent to

arrive before the date of the event. This is a fundraising event in aid of Footwear Friends.

Guildhall School of Music

Following government guidance and the country's move into lockdown, the School's teaching has moved online until 8 March at the earliest. As a result, changes have had to be made to our planned Spring season of events. Unfortunately, we are not able to live stream student performances at the moment. Our main Drama productions will now be staged in the Summer term and we fully intend to share live student performances again online as soon as we possibly can.

This term Acting and Production Arts students will produce a series of self-led solo performances and a contemporary play project filmed in lockdown. Music students have a full range of classes online, with vocal students undertaking movement and stagecraft classes on Zoom, whilst Wind, Brass and Percussion students are engaged in repertoire discussions and are rehearsing orchestral sections individually. Opera and Production Arts students are also working on Jonathan Dove's opera, *The Little Green Swallow*.

The School's main priority at this time is ensuring the wellbeing of students and staff as well as an unwavering focus on learning outcomes. Students have access to unparalleled 24-hour well-being support and staff have access to a Health & Wellbeing Hub for information and resources.

We remain stoic and look forward to the day when we can welcome you back safely into our buildings.

Stay safe and well and thank you once again for your ongoing and much needed support at this time

Our History

When Past Masters were armed and dangerous – Court Assistant Steve Huxham



F. R. Simms demonstrating his "motor scout," June, 1899

Frederick Richard Simms (Admitted 1896, Master 1925) was recognised as a notable engineer, prolific inventor, businessman and a pioneer of the motor industry. Amongst many "firsts" he designed the first armoured cars. The picture, from Autocar magazine of 1899 shows PM Simms demonstrating his Motor Scout. Similar to the design of Henry Ford's ethanol powered quadricycle, there was one not so subtle difference in that the space between the front where a passenger would normally sit instead featured a Mark IV Maxim machine gun. Of course, it required any foe to be considerate enough to stick to even ground, and preferably a flat road, and not to be tempted to take pot shots from the side or rear. Not that any enemy would be dastardly enough to fire back at a chap wearing a bowler hat. Past Master Simms soon moved on to other inventions...

Members' News

Young Pattenmaker Profile – Freeman Elizabeth Copsey

This week we profile a new Young Pattenmaker – Ellie Copsey. Ellie joins us from Portsmouth. She's an avid rugby fan, skier and traveler. Ellie has an exciting job as a land analyst within the defence

sector, and may be deployed to work first hand with the military. She has a BA (Hons) in International Relations and Politics

Ellie became a Freeman of the Pattenmakers in January 2021 and was proposed by Chris Stears and seconded by Sarah Leijten. She originally came to know about the Pattenmakers through the International Cambridge Symposium on Economic Crime and the people she met whilst volunteering there.



Ellie says, "the history of the Pattenmakers is so interesting but I love the diverse backgrounds of all those I meet at the dinners. Also the calibre of the speakers impress me year on year, all seem to speak with such elegance and deliver fantastic messages". She adds: "I really look forward to meeting even more people (especially face to face). I also cannot wait to get more stuck in with annual events within town. I have been to two YP Dinners and one of the Annual Banquets. The tradition is incredible. I have also been to one of the online quiz events, unfortunately our team didn't do too well, but it was lovely to meet some new people.

I play a lot of Netball and ski. I am a huge fan of rugby and would often meet my friends to watch six nations (of course not at the moment!)

I have done a fair amount of public speaking through work, having to present to large audiences.

I am an avid skier. I have been skiing since I was three and have done some amateur ski competitions. I also used to do a lot of swimming

during my time at university and would quite like to try ski-touring


I have moved around the world for most of my life. I have lived in around 18 different houses in three different countries. Whilst living in America I have been lucky to road trip most of the East and West Coast. Prior to university I also spent some time volunteering in an orphanage in Zambia with a charity my school was closely connected to. During my university career, I started to work for defence think tanks and volunteer for the Cambridge Symposium, a brilliant and insightful event where I met many close friends.

In 2021, I am really excited to be buying my first property with my partner in a great location. I am also especially excited for new career opportunities and hopefully being able to see team mates – in the flesh! In terms of the Pattenmakers, I am very excited to learn more about the Company and get involved with as many social events as I can. “

Richard Walduck – courtesy of Past Master Tim Watts

Members may well remember him as Past Prime Warden of the Basketmakers and an Alderman.

HUGH RICHARD WALDUCK OBE.
KSt. J. DL. JP. MA(Cantab). Hon DLitt. (Richard)
Past High Sheriff of Hertfordshire



Caring friend to so many, died peacefully at home with his family at his bedside on January 6th 2021, aged 79. Loving husband to Susie, father to Alexander and Nicholas, stepfather to Richard, Simon and Nicola and proud grandfather to nine grandchildren.

The family would like to say special thanks to Potterells Medical Centre, The District Nurses, The Renal Unit at St Albans Hospital and the Lister Hospital.

A private service will be held at Harwood Park on Wednesday 3rd February and a Thanksgiving Service at St Albans Cathedral, on a date to be announced later.

The family have requested no flowers but donations if desired to The Charlie Waller Memorial Trust can be made via J J Burgess.

Pattenmaker Stewards

Assistant Alan Lyons

Joining the Pattenmakers back in 2010 was the result of a set of happy coincidences. I am a keen skier and try to spend some time every winter in my favourite resort of Zermatt in



Switzerland where I am a volunteer ski leader. There I met Past Master Christopher Stone, we soon became friends and he kindly invited me to the Mansion House Banquet. Of course, I had a wonderful time at that magnificent event but unexpectedly met a few old friends from back in the 1990s when we were all members of the Junior Chamber of Commerce. This included Past Master Sheriff Chris Hayward who had been Chairman of the national organisation in 1995 when I had been President of the London chapter. Add to that the friendly, down-to-earth feel of the organisation together with some vague family ties to the footwear industry, and it was apparent that this would be the Livery Company for me.

As with all organisations of this sort, the more you put in, the more you get out and I therefore enthusiastically started to get involved. First I joined the Membership committee, then became a Liveryman in 2011 and subsequently also spent time on the Charity and Fundraising committees. This helped me to get to know fellow members as well as understand how the Company worked. However the fun part was attending the various events and, in these times of lockdown, it is easy to appreciate the joy of fantastic dinners every few months in beautiful livery halls across the City together with the splendid fellowship of members and guests. Other types of event have also been memorable such as visiting HMS Chiddingfold, a mine hunting ship that the Pattenmakers support, and being introduced to single cask, single malt

whiskies at the wonderful annual tasting evenings.

In 2017 I was honoured to be invited to join the Court. At the same time I took over as Chairman of the Membership Committee and joined the Finance & General Purposes Committee. In these roles, it has been extremely satisfying and rewarding to work towards securing a healthy future for the Pattenmakers through, in particular, further enriching our vibrant community of like-minded people and helping to bring our processes and procedures up-to-date so we can operate as effectively and efficiently as possible. We also recently produced an Information Guide, describing who we are and what we do (available on the website) and are currently working on a Welcome Guide, aimed at introducing new members to how we work as well as providing advice on how to get the most from membership of the organisation.

Away from the Pattenmakers, my 'secondary' occupation is working as a strategy consultant/interim Strategy Director. This involves supporting mainly large blue-chip businesses (typically in the service sector such as financial services) to develop plans and strategies to improve their success. This has taken me all around the world although nowadays I try to stay in London if I can. Prior to this, I worked in several senior positions for a number of major banks as well as for a top tier international strategy consulting firm.



For recreation, as previously mentioned, I am a keen snowsports enthusiast. While in the UK, I am a part time ski/snowboard/telemark instructor and race coach at the Hemel Hempstead Snow Centre and, when in the mountains, I particularly like to go ski touring (travelling away from the resort going both up and down hill). In addition, I enjoy flowriding (a type of surfing) and indoor sky diving.



I especially love to travel and enjoy taking photographs/videos of the places I visit then converting these into souvenir sound/image movies. In normal times, I also regularly visit the opera (my favourites being Wagner's Ring Cycle and Verdi's La Traviata) and ballet at the Royal Opera House but have also recently started going to the theatre following some excellent recommendations from the Master! Other interests include keeping fit (through running, cycling, gym work etc.), my 1960 Mercedes 190SL and 1953 MG TD classic cars, collecting paintings and watching art house films.

Events

Pattenmakers' Events

A full list of all planned future events appears at the end of the newsletter.

Wednesday 17th February - Virtual Admittance Ceremony to be held – further details to follow

17th February at 4:00pm

Virtual Presentation of DMU Awards

The Scarr-Hall Pattenmakers' Award in memory of Violet Hall being Past Master Ian Scarr – Hall's late mother and the grandmother of Court Assistant Rachael Scarr Hall. The award is given for achievement under difficult circumstances and to assist the recipient to help finance their studies.

Register [here](#) in advance to join this event.

After registering, you will receive a confirmation email containing information about joining the event.

Dream

The Royal Shakespeare Company (RSC), in collaboration with Manchester International Festival (MIF), Marshmallow Laser Feast (MLF) and Philharmonic Orchestra will stage a live performance of *Dream* using motion capture as the culmination of a major piece of cutting-edge research and development. The pioneering collaboration explores how audiences could experience live performance in the future in addition to a regular visit to a performance venue. *Dream* was due to open in Spring 2020 as an in person and online live performance and has been recreated during the pandemic for online audiences whilst theatres remain closed. The project is one of four Audience of the Future Demonstrator projects, supported by the government Industrial Strategy Challenge Fund which is delivered by UK Research and Innovation. *Dream* is inspired by Shakespeare's *A Midsummer Night's Dream* and gives a unique opportunity for audiences to directly influence the live performance from wherever they are in the world. Audiences will experience a new performance environment easily accessed on their mobile, desktop or tablet via the [dream.online](#) website.



The performance uses the latest gaming and theatre technology together with an interactive symphonic score that responds to the actors' movement during the show.

Cultural Calendar

Freeman Zoë Chowney

We have a packed Cultural Calendar this week, featuring another New Year celebration, a day of tasty pancakes, something for all you romantics out there and important days in the Hindu and Christian calendars.

14th February – Valentine's Day



Valentine's Day is a time to celebrate romance and love. But the origins of this festival of candy and cupids are actually dark, bloody – and a bit muddled.

Though no one has pinpointed the exact origin of the holiday, one good place to start is ancient Rome, where men hit on women by, well, hitting them.

From 13th to 15th February, the Romans celebrated the feast of Lupercalia. The men sacrificed a goat and a dog, then whipped women with the hides of the animals they had just slain.

The Roman romantics "were drunk. They were naked," says Noel Lenski, a historian at the University of Colorado at Boulder. Young women would actually line up for the men to hit them, Lenski says. They believed this would make them fertile.

The brutal fete included a matchmaking lottery, in which young men drew the names of women from a jar. The couple would then be, um,

coupled up for the duration of the festival – or longer, if the match was right.

The ancient Romans may also be responsible for the name of our modern day of love. Emperor Claudius II executed two men, both named Valentine, on 14th February of different years in the 3rd century A.D. Their martyrdom was honoured by the Catholic Church with the celebration of St. Valentine's Day.

Later, Pope Gelasius I muddled things in the 5th century by combining St. Valentine's Day with Lupercalia to expel the pagan rituals. But the festival was more of a theatrical interpretation of what it had once been. Lenski adds, "It was a little more of a drunken revel, but the Christians put clothes back on it. That didn't stop it from being a day of fertility and love."

Around the same time, the Normans celebrated Galatin's Day. Galatin meant "lover of women." That was likely confused with St. Valentine's Day at some point, in part because they sound alike.

As the years went on, the holiday grew sweeter. Chaucer and Shakespeare romanticised it in their work, and it gained popularity throughout Britain and the rest of Europe. Handmade paper cards became the tokens-du-jour in the Middle Ages.

And so, the celebration of Valentine's Day goes on, in varied ways. Many will break the bank buying jewellery and flowers for their beloveds. Others will celebrate in a SAD (that's Single Awareness Day) way, dining alone and binging on self-gifted chocolates. A few may even be spending this day the same way the early Romans did. But let's not go there!

16th February – Shrove Tuesday (Christian)



Shrove Tuesday, or Pancake Day, is the traditional feast day before the start of Lent on Ash Wednesday. Lent, the 40 days leading up to Easter, was traditionally a time of fasting and on Shrove Tuesday, Anglo-Saxon Christians went to confession and were "shriven" (absolved from their sins).

A bell would be rung to call people to confession. This came to be called the "Pancake Bell" and is still rung today.

Shrove Tuesday was the last opportunity to use up eggs and fats before embarking on the Lenten fast and pancakes are the perfect way of using up these ingredients.

The pancake has a very long history and featured in cookery books as far back as 1439. The tradition of tossing or flipping them is almost as old: "And every man and maide doe take their turne, And tosse their Pancakes up for feare they burne." (Pasquil's Palin, 1619).

In the UK, pancake races form an important part of the Shrove Tuesday celebrations – an opportunity for large numbers of people, often in fancy dress, to race down streets tossing pancakes. The object of the race is to get to the finishing line first, carrying a frying pan with a cooked pancake in it and flipping the pancake as you run.

The most famous pancake race takes place at Olney in Buckinghamshire. According to tradition, in 1445 a woman of Olney heard the shriving bell while she was making pancakes and ran to the church in her apron, still clutching her frying pan. The Olney pancake race is now world famous. Competitors have to be local housewives and they must wear an apron and a hat or scarf.

16th February – Vasant Panchami (Hindu)



Vasant Panchami, also known as Saraswati Puja or Shree Panchami, is an important Indian festival celebrated every year in the month of Magh according to the Hindu calendar.

On this day Hindus worship Saraswati Devi, the goddess of wisdom, knowledge, music, art, and culture. Legend has it that Lord Brahma had created the earth and humans, but felt it was all a bit too quiet, so on this day, he created Saraswati by sprinkling some water in the air.

As she came from water, she is also called the water deity. Saraswati then filled the world with beautiful music and blessed the world with her voice.

Saraswati has four hands which symbolise ego, intellect, alertness and the mind. She is often pictured seated on a lotus or a peacock, wearing a white dress.

The colour yellow is strongly associated with Vasant Panchami, representing the fields of mustard which a common sight in the Punjab and Haryana areas at this time of year. People wear bright yellow clothes and cook colourful food to mark the beginning of spring, with many of the dishes cooked being yellow, such as "meeth chawal", sweetened rice, flavoured with saffron. Kite flying is a popular custom associated with this festival, particularly in Punjab and Haryana. Flying kites on this day signifies freedom and enjoyment.

17th February – Ash Wednesday (Christian)



Often called the Day of Ashes, Ash Wednesday marks the beginning of Lent and is always 46 days before Easter Sunday. Lent is a 40-day season (not counting Sundays) marked by repentance, fasting, reflection, and ultimately celebration.

The 40-day period represents Christ's time of temptation in the wilderness, where he fasted and where Satan tempted him. Lent asks believers to set aside a time each year for similar fasting, marking an intentional season of focus on Christ's life, ministry, sacrifice, and resurrection.

Ashes are ceremonially placed on the heads of Christians on Ash Wednesday, either by being sprinkled over their heads or, in English-speaking countries, more often by being marked on their foreheads as a visible cross. The words (based on Genesis 3:19) used traditionally to accompany this gesture are, "Memento, homo, quia pulvis es, et in pulverem reverteris." ("Remember, man, that thou art dust, and to dust thou shalt return.") This custom is credited to Pope Gregory I the Great (c. 540–604).

Traditionally, ashes used on Ash Wednesday are gathered up after palms from the previous year's Palm Sunday are burned. They are then blessed before being used in the ceremony. It is not required that a worshiper wear the ashes for the rest of the day, although many Christians choose to do so.

Photo of the Week

Liveryman Ian Balcombe

With kind permission of the MCC, from their weekly newsletter (also started as a result of Covid – but 2 weeks behind us), I present a picture from Lord's Cricket Ground of the makeshift scoreboard in the Thomas Lord Suite showing the "score" that over 10,000 inoculations have now been administered at the Ground, as MCC assists the NHS and Healthcare Central London in the fight against the virus. As the newsletter states "The Club has worked closely with local healthcare representatives to convert a space at Lord's, creating the largest vaccine centre in the City of Westminster in the process."



As Patrick Kidd (the Speaker at the last Live Mansion House Banquet) noted in his column in the Times, at the outset, if the inoculations had been in the Pavilion those receiving the inoculation would not have been able to take their jackets off.

Pets' Corner

The Chief Steward Martin Heffer's Mount, Pepe



Pepe (or 'Peps') as he is known at the yard where he lives is a Welsh / Quarter Horse cross in his 27th year. I share Peps with his owner and despite his age he can still put in an unexpected turn of speed when caught off guard by unexpected deer or marauding sheep. A good lad with few vices, like most natives and ponies he is much cleverer than we give him credit for and mainly driven by food. This has led to him being found in the feed room having tiptoed there without a sound (that or magic). He hates puddles and is not too keen on mud unless he is rolling in it. Still the beauty of him being a red head is that I often get away with missing a lump of mud without it being spotted

by casual observers (but the not the Yard owner, who like an all seeing Sergeant Major catches me out every time!) He has four white socks which his rider used to find invaluable when trying to pick him out from 2 other very similar ponies in the field (and when suffering from the after effects of too good a dinner the night before!)

Bird Watch

Bird of the Week this week is the Cattle Egret - Freeman Richard Parlour



Gong Shee Faa Tseye! Happy Chinese New Year! We move from the year of the rat to the year of the ox, so what bird to select this week? In China the national bird is the red crowned crane, a symbol of luck, longevity and fidelity, but you don't see many of those in the UK! However, since we are moving into the year of the ox, perhaps the focus should be on cattle, so the bird of the week this week is the Cattle Egret.

It wasn't so long ago that if you mentioned egret, people would think about white birds on the banks of the Nile, or Ganges, or burst into a version of the song by Edith Piaf or the Walker Brothers. However, egrets are establishing a foothold in the UK, perhaps driven by climate change. The key to recognition of the three species of white egret that we get are size, beak, leg and feet colour. Little egrets were the first to be noticed, quite dainty, about a third of the size of our Grey Heron, with black beaks, black legs and bright yellow feet. Following them came the Great White Egret, about the same size as the Grey Heron, but with a yellow bill, black legs and black

feet. More recently still, increasing numbers of Cattle Egret have been reaching the UK. They are slightly smaller than the Little Egret, with yellow beaks, and yellow or grey legs and feet.

Although Cattle Egrets are visiting the UK in increasing numbers, they are still a rarity causing birders to drive some distance to see them (if this is possible under your local lockdown restrictions). As the name suggests, they often spend time close to livestock and prey on the insects and worms which their hooves disturb. The first time I saw one in the UK was in a field of cattle on the edge of Milton Keynes, next to a busy dual carriageway. I have since seen them in Cheshire too. In 2007/8 there was a large influx of them, with some even travelling as far north as Scotland, and the first pair to stay in the UK and bred successfully happened in Somerset, on the Somerset Levels. They bred again in 2017, and in Norfolk for the first time in 2020.

Cattle Egrets normally nest in colonies, usually near bodies of water and often with other wading birds. Their nest is a platform of sticks in trees or shrubs. Cattle egrets exploit drier and open habitats more than other heron species. Their feeding habitats include seasonally inundated grasslands, pastures, farmlands, wetlands, and rice paddies (not that there are many of the latter in Kent, despite recent rain levels). The adult Cattle Egret has few predators, but birds or mammals may raid their nests, and chicks may be lost to starvation, calcium deficiency, or disturbance from other large birds. Cattle Egrets remove ticks and flies from cattle and eat them (the ticks and flies that is!). This benefits both, but it has been implicated in the spread of tick borne animal diseases. When foraging with cattle, Cattle Egrets have been shown to be 3.6 times more successful in capturing prey than when foraging alone. The performance is similar when it follows farm machinery, but it is forced to move more. There are thought to be two subspecies, a western version and an eastern version. During the breeding season, adults of the western subspecies develop orange buff plumes on the back, breast, and crown, and the bill, legs, and irises become bright red for a brief period prior to pairing, most alluring. As you will see in the photos, they now look like a different species. The sexes are similar,

but the male is marginally larger and has slightly longer breeding plumes than the female. Juvenile birds lack coloured plumes and have a black bill. The male displays in a tree in the colony, using a range of ritualised behaviours, such as shaking a twig and sky-pointing. After 3–4 days of dating the pair settle down to raising a family. A new mate is chosen in each season and when re-nesting following nest failure. Cattle Egrets make a quiet, throaty rick-rack call at a breeding colony, but otherwise are largely silent.



Cattle Egret Breeding

Wetlands

Following Storm Christoph, the Wildfowl and Wetlands Trust (WWT) has called for more nature rich wetlands to be created in order to help stop repeats of recent catastrophic flooding. Conservationists are making a fresh push for a rethink on flood prevention after thousands of residents in the North West were evacuated from their homes and a warehouse storing the Oxford COVID-19 vaccine was compromised when the extreme weather event swept in from the Atlantic last week. Local communities are still dealing with the aftermath this week. There are currently 32 flood warnings and 54 flood alerts in place in the UK. Wetlands help shield communities by preventing and mitigating the effects of flooding naturally. WWT is pressing for more of these habitats as part of a natural solution to flooding, to be incorporated properly into the UK government's flood alleviation policies to mark World Wetlands Day on 2 February.

It might seem counterintuitive, but adding water in the right places can assist with flood prevention. Nature rich wetland habitats such as wet grassland, peatlands, bogs, fens and saltmarsh soak up excess water, then release it slowly back into river systems, offering a sustainable long term solution to the rising risk of flooding and unpredictable weather patterns caused by climate change. The UK has lost 90% of its wetlands over the past 400 years. In cities, rivers and streams have been built over and wetlands, which once would have absorbed and stored surplus water flows, have been drained and channelled. In rural areas, historic wetlands have been drained for farming and development. The impact of these losses is becoming ever more severe as climate change increases the volatility of weather.

There is much that can be done. In Devon and the Forest of Dean, beavers have been reintroduced with great success. In Somerset, people have been planting hedgerows and creating wetlands to protect residents. The costs of Storm Ciara and Storm Dennis that swept the UK in early 2020 are still being calculated. Across the UK, hundreds of businesses were badly damaged. Early estimates suggest the cost of both storms could hit £425 million. By the 2050s the annual average losses from coastal and river flooding in England and Wales is predicted to rise to between £1.6 and £6.8 billion. Creation of wetlands and rewilding will also have a positive impact on biodiversity. An experiment in the Pennines has been to block the drainage channels on moorland and encourage the land to return to its natural state. Already nature is making a strong recovery with the red list curlew, whimbrel and lapwing making a return. The spoil from Crossrail has been used to transform Wallasea Island into a new 1500 acre nature reserve, Europe's largest new nature reserve. Happy birding!

Letters to the Editor

From Senior Past Master Helen Auty
I was fascinated to read your piece about Cherry Ingram – he's one of my gardening heroes for all the work he did on bringing cherry trees to the UK and reintroducing them into Japan. Their tourist trade has a lot to thank him for! I went in cherry blossom time a

few years ago but it was a bit late that year and we encountered quite deep snow up in one area although latterly the cherry blossom was beginning further south near the end of my trip.

I remember it on Book of the Week on R4 too.

Recipe of the Week

Potato cake, referred to as "Jansons Temptation" - Freeman Mats Vikstrom

Ingredients, 8 servings

- 3 large yellow onions
- 1 1/2 kg fast potatoes
- 2 tablespoons butter or margarine (to fry in)
- 3 jars of anchovy fillets (100 g) (not in oil)
- 4 dl whipped cream
- 2 dl milk
- 2 tablespoons breadcrumbs
- 3 tablespoons butter or margarine (click over)



Method

1. Set the oven to 175 ° C.
2. Peel onions and potatoes. Slice the onion thinly and fry it in the shortening in a frying pan. Cut the potatoes into thin strips.
3. Wrap potatoes, onions and anchovies (save the anchovy spatula) in a greased ovenproof dish (or several small ones). Potatoes at the bottom and top.
4. Boil the cream and milk. (optional)
5. Pour on the cream milk and all the anchovy spatula. Sprinkle on breadcrumbs and click over the shortening.
6. Bake in the lower part of the oven for 1 1 / 2-2 hours. If it starts to get too much colour, cover with aluminium foil.

The trick

- A. Save the spiced spatula from the jars of anchovy.

- B. While in the oven, pour the anchovy sauce over the potatoes. One jar at the time every 20 min.
- C. Finish with a small amount of whipped cream
- D. An alternative, change the breadcrumbs for a cheese of your selection to go with the saltiness of the spatula



Please see next page for the Kernow Quiz

All contributions are welcome – please send to the Editor Ian Balcombe ianbalc@gmail.com



Lanky Quiz

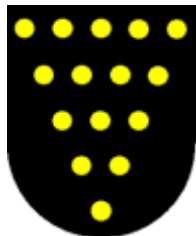
Week 43

Answers

Steward Liveryman Raymond Lewis was first past the post this week so well done Raymond and grateful thanks again to Liveryman Barry Lynch.

1. Goint'beck I am going to the stream
2. I'm fair moythered ... I am very worried
3. Put wood in th'owl ... please close the door
4. Put it on't sneck And make sure it is on the latch
5. Where is this? Pendle Hill (previous Newsletter picture of the week)
6. I couldn't make moss nor sand of it I could not understand it
7. Eh, its crackin t'flags ...It is very hot weather
8. He wer agaitHe was doing something
9. What is this? (besides delicious!) A Lancashire Hotpot
10. He liked to chunner He liked to talk a lot
11. It's not gradely reet It's not just right – it's wrong
12. I'm reet powfagged I am very tired

Well done to everyone who had a go!



Kernow Quiz

Week 44

Having enjoyed the "Lanky" Quiz last week and continuing the policy of regional equality and with huge thanks to the Renter Warden Commodore Pat Tyrrell OBE Royal Navy, here is this week's Cornish (Kernow) dialect quiz. Please translate . . .

Durdadhehwi, my 'andsom

- 1. I'm rufazrats
- 2. E's teazy as'n'adder
- 3. That was a fair old stank
- 4. Dearovim!
- 5. Which Popular Television show is filmed here?



- 6. Ya gate bleddy tuss!
- 7. Likun diddy?
- 8. Fercrisaeik, ellydoinov?



- 9. This is the flag of which Saint?
- 10. Wogsmarrwiddee?
- 11. Mygar, tizzardlee on!
- 12. Likun diddy?



Please send an email to clerk@pattenmakers.co.uk with your answers. The answers will be announced in a subsequent edition of the Newsletter

Pattenmakers' Company Events Calendar Jan – Dec 2021

Pattenmaker Events = Black - Contact: Graham.Perry@datore.co

Civic Events = Red – Contact: Clerk@pattenmakers.co.uk

Young Pattenmaker Events = Blue – Contact: Sophia.lee@datore.co

DATE	EVENT	LOCATION
12 th Feb	Chinese New Year	YP Virtual Event
17 th Feb	DMU Presentation	Scarr-Hall Awards
18 th Feb	Trade Presentation	Livery Virtual Event
10 th Mar	Murder Mystery	Virtual Event
April	April Dinner - TBC	Live/Virtual Event- (Grocers Hall)
22 nd Apr	Joint YP/Pattenmaker Comedy Night	Virtual Event
12 th May	Inter-Livery Shoot	Holland & Holland Grounds
13 th May	Ascension Day	St Margaret Pattens
13 th May	Footwear Dinner	Painter-Stainers' Hall TBC
17 th May	Charity Fundraising Event	Reform Club
21 st May	United Guilds Service	St Paul's + Lunch
3 rd Jun	Drinks in the City - YP	Live Event
17 th Jun	Trade Outing	Royal Parks
24 th Jun	Common Hall	Election of Lord Mayor
29 th Jun	Summer Dinner	Merchant Taylor's Hall
8 th July	YP Event	Live Event
22 nd July	Tour of Freemasons' Hall	Grand Lodge, London. TBC
5 th Aug	YP Event	Live Event
19 th Aug	Champagne Tasting	TBC
9 th Sept	YP Event	Live Event
21 st Sept	351 st Banquet	Guildhall
29 th Sep	Common Hall	Election of Lord Mayor
14 th Oct	YP Event	Virtual/Live Event
28 th Oct	FM Dinner	Ironmongers' pencilled in
13 th Nov	Lord Mayor's Show	
Nov tba	Liveryman Dinner	House of Commons
26 th Nov	YP Dinner	Barber-Surgeons (or Glaziers)
9 th Dec	YP – Christmas Drinks	London City Live Event
16 Dec	Carol Service	St Margaret Pattens Church