



# The Pattenmaker

WEEKLY NEWS FROM AROUND THE LIVERY

Issue 40

Friday 15<sup>th</sup> January 2021

## From the Master Jennifer Bryant-Pearson



Welcome to our Ruby issue – I can't quite believe we have been producing the newsletter for forty weeks!

Sadly, we are not able to hold our annual Mansion House banquet which was planned for Friday 29<sup>th</sup> January this year but the Mansion House is coming to us! Save the date now.

I am delighted to report that the Lord Mayor, Rt Hon William Russell will be joining the Pattenmakers that evening and has kindly agreed to take questions. If you would like to ask him a question, please contact me.

It will be a very special event as we will also be joined by the two Sheriffs who will discuss the future of the City of London and the Livery. We will be presenting awards to the winners of this year's Young Manager Awards for Footwear and FM including the Paice Memorial Bursary as well as hearing the latest news on the Escape café project and learning more about our charities – so do join us and bring along any guests who might like to learn more about the Pattenmakers.

We are so fortunate to have our own Church, St Margaret Pattens and this week Court Assistant Keith Bottomley follows on from Past Master Donald Newell's update on the Church with an appeal to join the Friends of St Margaret Pattens. Please consider helping your Guild Church during these difficult times.

Chief Steward Martin Heffer provides a report on another of our Charitable causes, 101 Regiment and we hear from Susan Bennett about a lady who loved shopping for shoes!

We learn about Past Master Richard Paice's new way of life in the country and we meet Young Pattenmaker Francesca Mady who is currently based in Zurich.

We welcome Liveryman Rachael Scarr-Hall to the Court, who is known for her country sports skills and there are opportunities for you to play golf and croquet.

There is also a Young Pattenmakers' Quiz night on 21<sup>st</sup> January and an invitation to join City walks as well as a Glaziers' tour of Stained Glass Windows in London.

Whilst munching Freeman Bryan Oknyansky's Rice Krispies Treat recipe, you can meet Upper Warden Sarah Leijten's gorgeous new rescue spaniel, Tuli along with Mara and Misty in Pets' Corner as well as enjoying Past Master Ian Scarr-Hall's stunning photo from the Isle of Harris.

Finally, for our Ruby edition, Freeman Richard Parlour focuses on the Redpoll and the Clerk has a Ruby Quiz.

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## Our Charitable Fund

### Friends of St Margaret Pattens Church - Court Assistant Deputy Keith Bottomley CC - Trustee and Treasurer



We are the only Livery Company in the City with a church named after us which we call home.

St Margaret Pattens has been a place of worship and a resource for the community since 1067. After the Great

Fire in 1666, Sir Christopher Wren designed the current building, which remains largely unaltered to this day.

Our church relies on donations to provide a large part of its funding.

The Friends of St Margaret Pattens was established as a charity in May 1997 with the aim of supporting this distinguished ancient building for future generations, to keep the Church open and continue to make it accessible for everyone today.

Donations contribute to the maintenance and refurbishment of the building and to help to cover the cost of the Administrator to enable the building to be kept open as a place of tranquillity and contemplation and to keep the building open for community use. The church arranges recitals, concerts, and other events to which supporters of the Friends are invited.

The Friends have contributed to the two magnificent chandeliers in the nave, to the refurbishment of the Vestry and more recently raised £75,000 towards the refurbishment of the "listed" very fine, historic organ, which was last refurbished in 1953. The refurbishment has made it fit for purpose for another 100 years.



Please consider making a regular donation via standing order using the form via this link:

<http://www.friendsofstmargaretpattens.org.uk/>

or download the [friends brochure](#) with more information on how to make a donation, which can be completed and scanned / photographed and emailed back to me:

[keith.bottomley@cityoflondon.gov.uk](mailto:keith.bottomley@cityoflondon.gov.uk)

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### Update on 101 (City of London) Engineer Regiment (EOD and Search) – Chief Steward Lt Col Martin Heffer RE

The past year has seen change, challenge and cheers at our affiliated Army unit, 101 (City of London) Engineer Regiment. To those new to the Pattenmakers, 101 is part of the Corps of Royal Engineers, the Army's construction and mobility specialists known to most simply as 'The Sappers'. 101's specialism is 'Search', the clearance of routes, buildings or just about

anything by identifying hidden explosive hazards (or anything else they are tasked to find).

The Regiment has seen a changeover in Commanding Officer and Adjutant in the last year (think 'Master' and 'Gallant Clerk' in our world). The new CO is Lt Colonel Mark Bennet who was posted from Army Headquarters during the summer. The new Adjutant is Captain James Lethbridge. I am sure we will all extend the hand of friendship when conditions allow us to meet them.

The Regiment has weathered the impacts of COVID-19 well. It is an innovator in the use of virtual technology and was already using distance learning software and hardware to facilitate training at its outstations in Nottingham, London, Surrey, Kent and Essex. This was sometime before we all became Teams and Zoom experts.

When the first lockdown hit, the regiment simply switched from physical to virtual training. The impact of a captive audience and no longer having to dash from work to drill hall on a Tuesday night meant that attendance shot up. 101's COVID experience has been one of strengthening belonging and development despite the odds. As is typical of the Reserve elements of all our services, output does not always equate to rank. Lance Corporal Matthew Benjamin was at the heart of developing both this technology and the unit's social media channels. This resulted in him being awarded a commendation from the Commander Royal Engineers (a 3 star General and the most senior Sapper) for 'improving the service life for every Reservist in 101'. Definitely something deserving 3 cheers.

Once the initial lockdown had eased and physical training was allowed once more, 101's plans for its annual 2 week exercise was somewhat challenged by the location, Germany. Like many of us this year plans were hastily re-arranged and 'camp' was relocated to the Search school near Bicester. The exercise was based around 3 phases covering: general military and engineering skills including combat bridging; Search training and adventurous training (including the introduction of most to laser clay pigeon shooting). As with

much of 101's training this year it set the standard not only for the use of new technology but establishing a COVID secure bubble for the troops to exercise in.



COVID has created some unexpected opportunities for 101 with soldiers augmenting a Regular sister Regiment's live clearance of a former tank range in Scotland and acting as replacements on Regular Search courses filling gaps resulting from COVID. Along with the use of 101 personnel on short term training teams overseas it has really been a year when our affiliated Regiment has proven the concept of 'one Army' and the value of Reservists.



It is not all work however and 101 encourages its soldiers to make sure they get their fair share of play. While a lot of sporting endeavour has gone on hold (especially in the areas of Boxing and Rugby) the Regiment has been able to celebrate achievements in fencing. 2Lt Hannah Walsh has been awarded the Runner Up, Royal Engineer's Sports Personality of the Year for her captaining of the UK Armed Forces Fencing Team, being runner up Army Fencing Championships and being crowned UK Armed Forces Fencing Champion at Arms. The award for this excellent achievement was presented by the Deputy

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Commander 1 UK Division on the occasion of his opening the new Gymnasium at the Regiment's Catford Headquarters this November.

Our affiliated unit might have had an unusual year but it has certainly been a successful and rewarding one. It is busy, it continues to train despite COVID, has a good pipeline of recruits and starts 2021 well placed to meet the challenges ahead. Worth raising a glass to.



## Our History

**From a wearer of Pattens - Susan Bennett MA, Former Honorary Faculty Fellow, Brighton University by kind arrangement of Past Master Helen Auty**



'Met George at the turnpike with our Pattens, for the road was too muddy in one place for us to walk home without them', Fanny Chapman wrote in her diary on 28<sup>th</sup> February 1809. Two months

later she records 'such torrents of water came down the lane that the drains would not take it off'. She and her aunt went out to the gate wearing their pattens to watch the water flowing by.

In 1808-09 Northern Europe was experiencing one of its worst winters and persistent south-east winds brought freezing weather to England, with reports of chunks of ice floating in the Thames. While at Batheaston Villa, the home she shared with her two aunts and her uncle by marriage, Dr John Hutton Cooper, Fanny recorded that the weather had turned intensely cold. So cold in fact that the heavy rain 'froze as it fell so that the ground was a sheet of ice'. It then snowed heavily for some time before a fast thaw set in which caused severe flooding. Throughout January and February Fanny writes of heavy rain, sometimes without a break, and so she had found her pattens very necessary to help her traverse the muddy paths. On 14 December 1810 the strongest tornado ever known in England struck the south and the following day the mud was so bad that it was came over Fanny's shoes as well as her pattens. She purchased a new pair at a cost of 2/6d. Her aunt obtained a pair of particularly high pattens which she wore as she crossed a field, but she stumbled and strained and bruised her foot.

I became aware of Fanny and her diaries during the course of my research into the life of Georgiana Jane Henderson. George and Amanda Rosenberg emailed me to say that while transcribing the diaries of their 4x great aunt, Fanny Chapman, they had come across a number of entries that mentioned a Mrs Henderson. As Georgiana and Fanny knew each other through their friendship with Dr Cooper they thought I would be interested. I was very grateful to learn about these diaries as it enabled me to fill some of the gaps of Georgiana's later life, as well as provide an insight into her character. [The transcripts of Fanny's dairies (1807-1812 and 1837-410) can be seen online

<https://fannychapmansdiary.wordpress.com/>]

Like Georgiana, Fanny enjoyed shopping for shoes. On one occasion she visited McMillan's shop in Jermyn Street where her aunt bought her

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three pairs of beautiful dress shoes and a pair of thick soles for walking. On 19<sup>th</sup> July 1809 she writes that they called on a Miss Cussons 'who very kindly showed us all her apparatus for making shoes' and she offered to teach Fanny and her aunts on how to use it. Fanny also received instruction from a Sergeant Luxmore who came to her home to instruct her on how to cut out shoes. The following year she demonstrated how to 'cut a pair of shoes as a Miss Strangeways was very anxious to learn how to make them'. Fanny appears to have enjoyed this occupation and on finishing the second shoe on 23<sup>rd</sup> November 1810 she writes, that 'they are really a very neat, pretty pair of shoes' and she added they fit very nicely.

On 31 July 1812 Fanny wrote that she had sat down to a 'very handsome dinner of two courses' with ten other guests at Mrs Ball's, which had been conducted with the greatest ease and quietness, but she said that she had 'never passed so stupid a day'. No one was inclined to talk, and sometimes two or three minutes would pass without a word being uttered. When it came time to leave it was raining very fast so Fanny borrowed a plaid shawl, thick shoes, bonnet and umbrella from her hostess and set out before it got too dark and muddy. About halfway home they met their servant and she was able to change into her own thick shoes as Miss Mundy's, she reported, were so big that she could scarcely keep them on.

You can read Georgiana's story in *A Thankless Child. The Life and Times of Georgiana Jane Henderson (1771-1850)* which is available on Amazon for £9 [Click here for link](#)

## Members' News

### Past Master Richard Paice

For the first time in 38 years, I am now spending each week in the country with its different rhythms, a major one being walking our dog twice a day. Another is to observe the changing seasons - red kites circling overhead, a flock of Canada Geese honking in the nearby fields and even a few black Water Buffalo brought in to graze on the head-high reeds in a neighbouring

shallow lake! The nearby bluebell woods now resound to the sound of chainsaws, as sadly the ash tree die-back is causing major felling. Luckily, the harvest of blackberries and mulberries this year has been incredible.



*Past Master Richard Paice and Past Mistress Pattenmaker Monique Paice*

### Inter-Livery Croquet Day

News reaches us from the Worshipful Company of Glovers that they hope to hold the event this year in June. It will be held as before at the Sussex County Croquet Club (SCCC), Kingston Lane, Southwick, West Sussex, BN43 6YW. Please let the Clerk know if you would like to attend.

This news prompts **Past Master Alastair Watson-Gandy** to comment that when the Pattenmakers' team last took part they won every match until they met the eventual winners, to whom they just lost.



*Past Master Alastair Watson-Gandy and Liveryman Julian Hakes*

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**The Marketors' 'Ryder Cup' Livery Fellowship Golf Day** will be taking place on **Monday 5 July 2021** at the usual venue of Verulam in St Albans. Further details are to follow. If you are interested in taking part, please let the Clerk know.



## The Court



### Assistant Rachael Scarr-Hall

As a Liveryman, it's an honour and a pleasure to be appointed to the Court as an Assistant. I'm proud to support the Pattenmakers that achieves so much in the city and further community. The Company is also an important home for the facilities management profession, and as Chairman of GSH Group, our family company that provides facilities management services across the world, I'm committed to strengthening our connection.

My interest in the built environment began at school when I decided to study architecture at university. On finishing my A-Levels at Millfield School in 1998, I took a gap year volunteering in post-apartheid South Africa, a positive experience that had a profound influence on me.

During my architecture degree I began to be aware of the alarming global effects of climate change, and my knowledge has spurred me on to become a cheerleader for sustainability and low-carbon energy in my work. I also have an interest in old buildings and have managed the renovation of several listed residential buildings in London, working with professionals from across the property sector to transform them into good places to live.

After a number of years as a liveryman, I was fortunate to be appointed Trade Warden in 2012 and 2013. It was a privilege to represent the Company at numerous events, including two "experience days" when Members saw behind the scenes at high-profile premises in the City of London.

In my spare time I particularly like to be outdoors in the stunning scenery of the Outer Hebrides, where I take part in a range of lively country sports



I've been known to represent the Pattenmakers in the London Marathon a few times. I'm also very fond of the Norfolk coast, where I enjoy beach walks among the incredible biodiversity of the area.

I feel extremely privileged to be appointed to the Court and am looking forward to contributing to the Pattenmakers' success.

## Young Pattenmakers

### Freeman Francesca Mady



Hello, I am Francesca Mady and I work within the Footwear Industry as a Footwear Developer. I am currently based in Zurich, Switzerland working for On Running. I studied Sports Technology at Loughborough

University with a year in placement at adidas where I took a fond liking to the Footwear Industry, particularly performance footwear. Sport and travelling have always been of great interest to me. In recent years I have embarked on various expeditions across both the Arctic and Borneo to raise money for Charity. I have however, also a keen interest in innovation and sustainability within engineering and have experienced working within the automotive industry too. I am always eager to learn from others and diversify my skills both professionally and personally and very much look forward to meeting other members within the Worshipful Company of Pattenmakers in the near future.

#### *How long have you been in the company for?*

I have been a member for just over a year now.

#### *How did you find out about the company?*

I found out about the Company a couple years ago as a few of my ex-colleagues were also members and wanted to put me forward for the Young Managers Award.

#### *What have you enjoyed the most about our Company or the best experience you have had of our company?*

As a recent member and due to Covid, I haven't been fortunate enough to partake in many events within the company. However, my fondest memory is attending the Young Pattenmakers' award ceremony in January 2020. Everyone I met was very friendly and made me feel welcome within the company.

*Have there been any additional benefits that you weren't expecting prior to entering our company?*  
What surprised me the most upon joining the company is how welcoming and helpful everyone is, there is a strong desire to network and share their knowledge within the industry.

#### *What are your current aspirations and/or activities/hobbies you are currently pursuing?*

I am currently completing a project management course and have recently moved to Switzerland where I am taking German lessons. I have a strong passion for sport, playing Netball for my local league and cycling at the weekends. This year I aim to complete my first Triathlon. Within my career, I would love the opportunity to gain experience working in the factories and diverse my skills not just within footwear development but throughout supply chain and engineering.

#### *Are you in contact with any other members of the livery outside the events hosted by the company?*

I have a close contact with Annette who was the Trade Warden as I was honoured to receive the Young Managers award 2020. Over the next couple years, I am excited to develop more friendships and network with over members within the company.

## Events

### **22<sup>nd</sup> January at 4pm**

#### **Pattenmakers' Admissions Ceremony**

The next virtual ceremony will be held on Friday the 22<sup>nd</sup> January at 4pm – further details will be sent out soon.

### **27<sup>th</sup> January**

**Mansion House Zoom event with the Lord Mayor** to replace Annual Banquet – 27<sup>th</sup> January. Further details to follow shortly

### **Thursday 21<sup>st</sup> January**

#### **The Young Pattenmakers' New Year Quiz**

Bring along a couple of drinks, we will have some laughs and banter while taking part in some fun activities including:

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'New year' and 'FMBE & Footwear 2021 prediction' themed trivia questions.

Teaming up with our Warden to the Trade Liveryman Martin Pickard, Liveryman Annette Cove and Freeman Zoe Chowney, the winning team will each receive 1 of our exclusive designed Young Pattenmaker's Mugs!

If you are interested in joining please email [sophia.lee@datore.co](mailto:sophia.lee@datore.co)

**Thursday 11<sup>th</sup> February 2021 - 6.00 p.m. – 7.00 p.m.**

**The History of the City of London as told through its Stained Glass Windows – Virtual Tour**

The Master Glazier warmly invites you to join him on a virtual tour of the City's stained glass, with Anna Warrillow, Blue Badge Guide and University lecturer. The history of the City of London is a long and illustrious one, from Mediaeval plague (unusually apt!) to the Great Fire of London to the Blitz of the Second World War, alongside well known personalities such as Dick Whittington and William Caxton.



The churches, Halls and civic buildings of the City house some of the most interesting stained glass windows, each of which tell its own part of London's story. Many of them have withstood the ravages of the Second World War and can trace their history back to the early foundations of the City. We shall be tracing the story of the City of London through its glass windows. Enjoy a fascinating virtual journey through the streets of London to discover its hidden gems. There will be plenty of time for questions.

*Anna Warrillow is a professional guide and there is a fee for this event, reflecting her work in constructing and leading the tour.*

**The event costs £10 per household**

To secure a place, please book here via Eventbrite (additional admin fee will apply)

<https://www.eventbrite.co.uk/e/city-glass-guided-tour>

**Temple Bar Trust and London City Guides - Virtual Live Tours Series II 2021**



Following the success of our first series of virtual "City Walks and Talks", we are now pleased to announce a second series, which promises to be even bigger and better.

The programme will range far and wide across the City, starting with a special excursion to Greenwich, home of Sir Christopher Wren's second greatest masterpiece, The Royal Naval College. Subsequent walks will vary from the historic to the contemporary within an overall theme of the City's evolution and how enormous changes to its architecture have been brought about by war, fire, plague, religion, and commerce. As we begin to recover from our own plague, Covid-19, how might the City respond this time?

The City Guides panel, several of whom led tours in series one, will each bring their unique style to their talk and there will be an opportunity to ask questions at the end of the live broadcast.

We are again featuring our special offer for those who book the whole series, this time offering all eight walks for the price of six.

The live streams will start at 5:30 on a Saturday evening, once a month throughout 2021. For those unable to make the real time event, there will be an opportunity to watch later via a recording. Please note that recordings are for the personal and private use of those who have booked a ticket.

Further details and bookings can be found on this link; <https://templebartrust.org/walks>

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## Photo of the Week

The day dawns in Harris – Past Master Ian Scarr-Hall



## Pets' Corner

**My dogs and cat – Upper Warden Sarah Leijten**

Meet Mara the springer spaniel and her new sister, rescued from Italy who arrived just before Christmas, Tuli - who we have been told is a Münsterlander, spaniel cross. Whether she is or isn't - she's got a gun dog nose! Love them both. And who needs an alarm clock when, between Misty the cat and dogs, a wake-up call comes any time between 5.15 and 6.15 am!



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## Bird Watch

### Bird of the Week this week is the Redpoll - Freeman Richard Parlour



This being the 40<sup>th</sup> issue brings up our ruby anniversary, and another challenge in avian terms. Googling “ruby red bird” comes up with a Texan lager flavoured with red grapefruit and ginger! We do not have a bird commonly seen in the UK with the word ruby in its name, so I’m left with looking at birds which have red on part of their anatomy which approaches a ruby red colour. We have already covered the Great Spotted Woodpecker, Bullfinch, Ring Necked Parakeet, Oystercatcher, Swallow, Crossbill and Silver Pheasant, all of which have some kind of red on them somewhere. There are many more which have a red colouring on at least part of their anatomy, but which one for this issue? Perhaps it would be best to settle on one which you have a fairly good chance of seeing at present, rather than a rarity.

So the bird of the week this week is the Redpoll. This is a kind of finch, quite a small one, but one which does venture onto bird feeders (if you’re lucky), and does fly around in the tops of alders and silver birch in small flocks. There are a number of types of redpoll which visit our shores. The one covered here is the Common Redpoll, also known as the Mealy Redpoll. You might also see the Lesser Redpoll, or even Coues’s Arctic Redpoll (more likely if you are in East Anglia near the coast). There is considerable debate as to how many species of Redpoll there are. Take a careful,

long look if you can, a photograph if possible (long focal length a boon) and note the extent of the markings and the darkness of the plumage to spot any differences.

The Common Redpoll is larger and paler than the very similar Lesser Redpoll. It is streaky brown above and whitish below with black streaks, and shows two white lines on the folded wing. The key distinguishing feature is the red patch on its forehead which looks like a ruby tiara. The ruby red then appears on the chest of the male to a greater or lesser degree. In females and young birds the buff breast and white belly are streaked with brown. The bills of both sexes are yellow. Redpolls don’t usually breed in the UK (it is thought that only a few pairs breed here), but are passage migrants and winter visitors, particularly to the east coast. They are usually in the UK from October to April. The best possibility of seeing them is first on the east coast of Britain in the autumn or early winter. They then move west in search of food, so they can turn up in suitable habitat inland. Common Redpolls eat small seeds from birch, alder and spruce, and insects. There are only thought to be a few hundred of them over wintering. They are on the UK Amber List. I have seen them high up in the silver birches at the RSPB HQ at Sandy in Bedfordshire, low down in the alders around a local gravel pit, and again high up in silver birch alongside a small local river. They are between the sizes of a blue tit and a great tit, so if you see what you think at first sight may be a tit flock, do look closer just in case they happen to be Redpoll. They are every bit as acrobatic! The same can be said if you see a flock of finch, as different finches congregate together in the winter months too. Remind yourself of their vocals before going out to find them. They have a dry reeling song and a metallic call. Good luck!

#### Patch birding Part III

Vis-mig, visual migration, is a superb way to enhance patch watching. While it can be undertaken all year round, September to November is best. Early mornings will see a surprising selection of species completing their nocturnal migrations or beginning their diurnal movements. Any high ground or open area with plenty of sky will do and there is always something to see, from wader flocks dodging

spring showers to Woodpigeons moving en masse in late autumn. Early in the season, wagtails and pipits will be among the main morning movers. Hirundine action generally peaks in the middle of the September, but usually will take place later in the day. Raptors too will pass south and there is no better time to score a migrant Osprey or Honey Buzzard. October brings the real numbers, and thrushes and finches will peak. Basic flight call knowledge is key. Huge Redwing movements can be enjoyed and often Ring Ouzel is on the cards. It's this time of year that vis-migging can produce true "patch glory" and rarities can be picked up amid the action, a rare pipit, bunting or seabird, for example. For the patch watcher, it's the best time to capitalise on bird movement and discover something special.

A further element of overhead patch migration is noc-mig (or nocturnal migration), see [The Sound Approach](#). Believe it or not, nocturnal sound recording is increasing in popularity in the UK and is beginning to unveil the species that migrate over our homes and gardens while we sleep. Surprising discoveries are being unearthed. A guide on how to get started on noc-mig can be read [here](#). Noc-mig records can boost a garden list tremendously as a surprising cast of species can be logged, especially fly-overs. Incorporating your house into a new patch will doubtless assist with the odd handy record over the years.

There are many merits to watching a patch. It can be addictive and hugely frustrating at the same time, but when the discoveries come, they make it well worth it. Any data collected and shared is an enormous contribution to conservation. The satisfaction of identifying a rare bird is huge and the addition of a routine year tick can bring a smile to your face. We've all had to stay local at some stage over 2020, and it looks like there is more to come, so perhaps the combination of staying at home and the power of the patch will help us get over the coming months, and may have longer term benefits when things finally return to "normal". Happy birding!

## Letters to the Editor

*From Past Master Richard Paice to the Master*

I have thoroughly enjoyed your super newsletter over the months, learned so much about the City and our livery that was new to me, and probably most other Liverymen.

I have also been in contact with several new or old members I hardly knew, via the members list's emails which has been an added delight, even receiving feedback on how the City's financial sector will rise again after Brexit!  
It has been a weekly treat, thank you.

*Extract from a Christmas Card from Felix Huber of the Zurich Guild to Past Master Richard Kottler*

Please accept our gratitude for having sent me your most admired historic Book "Out of the Mud" Thank you so very much for this honour and appreciation. It is absolutely fascinating how you presented your Company's history and impressive traditions. That you even dedicated room for our Company and the Sechselaeuten is a huge honour and privilege  
Best wishes for a prosperous and healthy 2021

## Recipe of the Week

### Rice Krispies Treats - Freeman Bryan Oknyansky

Bex and I have been cooking and baking more regularly throughout the pandemic, both savoury and sweet dishes. My ambition is usually to balance a short prep and cook time with a high quantity yield of food.

One such dessert I return to throughout the pandemic is the great American (bear with me) Rice Krispies Treat due to its ease of making and joy of eating.

What you will need:

- A Big pot
- A measuring cup
- A tablespoon
- A spatula

- A baking pan (for guidance, aim for a 9in.x9in. pan)
- Tin foil (or non-stick parchment paper if you're anti-foil)
- Chopping board or cutting surface (better if at least the size of the pan but doesn't have to be)
- Recommended: spray butter/oil
- Optional for pots without handles: heat-resistant gloves or a tea towel
- 6 cups of Kellogg's Rice Krispies cereal or similar
- 6 cups or 600g of mini marshmallows (any colour, larger marshmallows also work and make the treats gooier)
- 1 teaspoon of vanilla extract (I use 1 vanilla pod)
- 4 tablespoons of salted butter
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### Instructions:

1. Get everything ready. Things can move quickly in the making of Rice Krispies treats so I recommend to:
  - a. Get the pot on the hob
  - b. Get the baking pan out, line the base and sides with tin foil
  - c. Put the 6 cups of Rice Krispies cereal into a bowl
  - d. Separate the marshmallows into three portions (or be able to apportion 2 cups at a time)
  - e. Get the vanilla extract out. If, like me you prefer to use a vanilla pod, extract the vanilla seeds so they're at the ready
2. Turn the heat for the pot to medium/medium-low and melt the 4 tablespoons of butter ensuring the entire base of the pot is covered in melted butter
3. Next, we gradually melt the marshmallows and add the vanilla
  - a. To better control the melting of the marshmallows, melt one of the three portions you've prepared at a time and stir frequently.
  - b. When you get to the third portion, only tip half of it into the pot.
  - c. Once the marshmallows are melted (chunks of marshmallows are ok) and ready for the last bit of un-melted marshmallows, remove the pot from heat (or, just turn the heat off) and add

the last of the marshmallows and the vanilla

4. Dump the Rice Krispies cereal into the pot with melted marshmallows and stir! I have heat-resistant gloves to help me grip the pot as it doesn't have a handle. Go for the best mix of marshmallows and Rice Krispies ensuring to scrape the bottom of the pan



5. Get the spray butter or spray oil and spray the foil-lined baking pan to have a light cover of spray. Otherwise, separating the foil from the treats will be difficult.
6. Now we have to physically tip the pot of gooey mix into the baking pan. This is where the heat-resistant gloves or tea towel will help to avoid burning yourself on the pot. The mixture will put up a good fight to stick to the pot and the spatula so don't be concerned with some mixture staying behind – you'll come back for it shortly!
7. It may be necessary to use your fingers to help get the mixture off of the spatula and into the baking pan. In this case, use the spray butter or spray oil on your hands as if it's moisturiser! Otherwise, you'll find yourself in a sticky situation.
8. Once you get as much of the mixture as you can into the baking pan, use the spatula and your buttered hands to spread the mixture evenly throughout the pan.
9. Now let it completely cool naturally.



10. Once completely cool, get a chopping board and the biggest knife you have and cut the slab of treats into squares and store in an air-tight box with something non-stick between layers. I recommend storing them in the fridge and letting them warm to room temp before eating.

Pro tip: make excuses for eating the odd-shaped corner pieces immediately

If you want to know how long they keep, I ask you: how strong is your ability to resist them?

Enjoy! And why not send in a photo of your first batch? I'd love to see how you get on with the treats.

All contributions are welcome – please send to the Editor Ian Balcombe [ianbalc@gmail.com](mailto:ianbalc@gmail.com)

## Quiz of the Week

### Answers to Quiz 39

The Clerk advises that the answers received from Steward Raymond Lewis MSM are More\* comprehensive than the answers he had and that Raymond should be acknowledged for his research! \*Geddit!

My answers to The Clerk's Quiz of the Week are as follows:

. . .

1. What was the name of the Café in Killin Richard Hannay visited? **The Capercaillie Café.**
2. How did the title 39 Steps come about? **The name of the book originated when the author's daughter was counting the stairs at St Cuby, a private nursing home on Cliff Promenade in Broadstairs, where Buchan was convalescing. "There was a wooden staircase leading down to the beach. My sister, who was about six, and who had just learnt to count properly, went down them and gleefully announced: there are 39 steps."**
3. Where was John Buchan recovering when he wrote the novel? **At St Cuby, a private nursing home on Cliff Promenade in Broadstairs**
4. Which ship received the first distress call from the Titanic? **The SS Frankford.**
5. Who was the most Senior Officer that survived? **The Second Officer – Cdr Charles Herbert LIGHTOLLER DSC & Bar.**
6. He had distinguished and highly decorated service in WW1. He then sailed his motor cruiser to Dunkirk as one of the "Little Ships", how many British soldiers did he bring home? **127 British Servicemen.**
7. Which German warship broke out with the Bismark? **The Heavy Cruiser "Prinz Eugen"**
8. Which Destroyer fired the torpedoes that sunk the Bismark? **HMS Dorsetshire.**
9. Which manufacturer made the Swordfish biplane? **The Fairey Aviation Company.**
10. What aircraft was Douglas Bader flying when he crashed - losing his legs? **Bristol Bulldog Mk. IIA, K1676, of 23 Squadron.**
11. Which was his first Squadron Command? **No. 242 Squadron RAF.**
12. Hawker Hurricane 11C LF363 featured in the film –where is it now? **It is part of the Battle of Britain Memorial Flight(BBMF). The flight is administratively part of No 1 Gp RAF, flying out of RAF Coningsby, Lincs**

## Week 40 The Ruby Quiz



1. Who is this?
2. Who said "I thought I might go and have a couple of light ales down the Nag's Head and then go on to the Star of Bengal for a Ruby"?
3. What is this dish called?



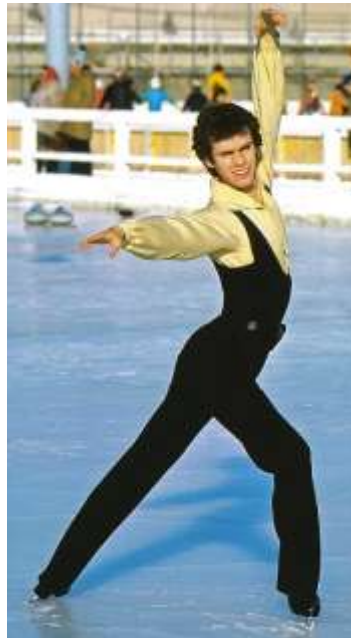
4. What is Murgh?
5. What would you expect in a Keema Nan? (food wise, not mouse droppings)
6. In which Country did Biryani originate?
7. What is this?



8. It is a key ingredient in a popular UK sauce - which one?
9. Who is this?



10. From which Country did Khasi Bhutuwa originate?
11. What is a Bombay Duck?
12. Who is this?



Please send an email to [clerk@pattenmakers.co.uk](mailto:clerk@pattenmakers.co.uk) with your answers. The answers will be announced in a subsequent edition of the Newsletter

Our Ruby edition with thanks to the Editorial Team, Contributors and Readers

